

## WINTER SUBURBAN SWIM LEAGUE CHAMPIONSHIPS 2019

**B MEET** MILFORD HIGH SCHOOL MILFORD **March 2nd**  
AM PM

7:30	3:00	Warm up begins
8:00	3:30	Scratches due
8:00	3:30	*Workers meeting
8:30	4:00	Meet begins

**A MEET** MILFORD HIGH SCHOOL MILFORD **March 3rd**

8:00	Warm up begins
9:00	Scratches due
9:30	*Workers meeting
10:00	Meet begins

**\* EVERY TEAM MUST SEND THEIR WORKERS TO THE WORKERS MEETING**

### MEET ENTRIES

**"A" & "B" ENTRIES ARE DUE SUNDAY, FEB. 24th, NO LATER THAN 9:00PM TO ANN BOUDROT AT [aboudrot6@gmail.com](mailto:aboudrot6@gmail.com) YOU MUST SEND YOUR ENTRIES IN MEET or TEAM MANAGER IN A ZIP FILE. I will send you a meet set up for each meet by Sunday, February 10th *THERE WILL BE A \$200 FEE FOR ALL LATE ENTRIES.***

- 1. TEAM MEET ROSTER** - List of team members and meets they participated in during the season.
- 2. SEASON RECORD** – **This should include results from your division of the league only.**
- 3. PARENT SUPERVISOR LIST** – One supervisor for every **ten children** you bring to the meet.
- 4. LIST OF WORKERS FOR ALL MEETS**

### MEET PREPERATION

- 1. SEEDING:** will be done by Ann Boudrot
- 2. PROGRAMS:** Programs will be printed at the pool and handed out.
- 3. T-SHIRTS:** No T-shirts will be sold
- 4. AWARDS:** will be purchased by JUJU MUCCIACCIO.
- 5. OFFICIALS:** Rob Garon will get the officials. Head official must be designated prior to meet day. Officials will be instructed to judge all age groups and levels by the same USS Swimming and WSSL standards.
- 6. FOOD:** Will be sold by Milford team.
- 7. ELECTRONIC TIMING** Will be supplied by NEWTON
- 8. FIRST AID KITS** for B meet **AM WESTWOOD**, B meet **PM SUDBURY**, A meet **BROOKLINE**

**WARM UP SCHEDULE:** Teams may only swim at their designated warm up time. Teams must be supervised. The first team listed will be in lanes 1,2,3 and the second team will be in lanes 4,5,6. Coaches are responsible for getting their teams in the water on time. Warm up will not start until monitors are in place. **SWIMMER'S MUST ENTER THE POOL FEET FIRST UNLESS YOU ARE DOING ONE WAY SWIMMING**

**“B” AM MEET:**

7:30-7:40 **Dedham, Natick**  
 7:42-7:52 **Framingham, Weston**  
 7:54-8:04 **Westboro, Norwood**  
 8:06-8:16 **Westwood**

**“B” PM MEET**

3:00-3:10 **AB, Belmont**  
 3:12-3:22 **Sudbury, Wellesley**  
 3:24-3:34 **Brookline, Milford**  
 3:36-3:46 **Newton**

**“A” MEET**

8:00-8:15 **Brookline, Natick**  
 8:17- 8:32 **Newton, AB**  
 8:34-8:49 **Sudbury, Norwood**  
 8:51-9:06 **Dedham, Framingham**  
 9:08-9:23 **Wellesley, Weston**  
 9:25-9:40 **Belmont, Westboro**  
 9:42-9:57 **Westwood, Milford**

**MEET DUTIES:**

1. **BULLPEN:** 6 people each meet. The bullpen will be located in the hallway.
 

A MEET	“B” AM MEET	“B” PM MEET
Wellesley	Natick	Brookline
3. **PLACERS:** 3 people each meet. Move swimmers from the bench to the blocks.
 

A MEET	“B” AM MEET	“B” PM MEET
Natick	Brookline	AB
- 3A. **HALL WALKERS WITH SWIMMERS:** 6 people each meet. This is an addition to Bullpen
 

A MEET	B AM MEET	B PM MEET
Brookline	Dedham	Milford
4. **Warm-up Monitors:**

“A” MEET	“B”AM MEET	“B” PM MEET
AB	Weston	Belmont
Framingham	Norwood	Sudbury
Newton	Westwood	Wellesley
Brookline*	Westboro*	Brookline*

**MONITORS** must report to Ann Boudrot 10 minutes before the beginning of warm ups. Warm ups will not begin until monitors are in place. One monitor will be located in each corner of the pool during the entire warm up period. Monitors are responsible for watching the pool and swimmers during warm up to keep order and make sure no diving occurs except from the blocks during the time allowed. One monitor will have the job of head monitor (indicated by \*). The head monitor will indicate time change to the teams by blowing a whistle, and will be in charge of moving the cones on the blocks.

2. **RUNNERS:** 1 person each meet.

A MEET  
Norwood

“B” AM MEET  
Weston

“B” PM MEET  
Belmont

3. **RIBBON LABELERS:** 2 people each meet.

“A” MEET  
Dedham

“B” AM MEET  
Dedham

“B” PM MEET  
Wellesley

4. **POSTER OF RESULTS:** 1 person each meet.

“A” MEET  
Westwood

“B” AM MEET  
Framingham

“B” PM MEET  
AB

5. **COPIER:**

“A” MEET  
Westboro

“B” AM MEET  
Westboro

“B” PM MEET  
Sudbury

6. **SELL T-SHIRTS & PROGRAMS:** 3 people each meet. Each team is responsible for staying until all T-shirts and programs are sold or Ann Boudrot says we are done selling!!!!

“A” MEET  
**NOT**

“B” AM MEET  
**SELLING**

“B” PM MEET  
**THIS**  
**YEAR**

7. **TIMERS:** 3 people each team.

Lane

“A” MEET

“B” AM MEET

“B” PM MEET

1

Weston

Dedham

AB

2

Dedham

Framingham

Belmont

3

Norwood

Norwood

Milford

4

Sudbury

Westboro

Newton

5

Framingham

Weston

Sudbury

6

Belmont

Westwood

Wellesley

7

Newton

Westwood

Wellesley

**TIMERS** should report to the scheduled worker meeting. Each team listed must supply 3 **TIMERS** and a **WATCH**. There will not be two timers from the same team in a lane.

#### **AWARDS:**

THE FOLLOWING AWARDS WILL BE GIVEN THIS SEASON.

- LEAGUE DIVISION WINNER 2
- A CHAMPIONSHIP WINNER 1
- A CHAMPIONSHIP RUNNER UP 1
- B CHAMPIONSHIP WINNER 1 AM & PM
- B CHAMPIONSHIP RUNNER UP 1 AM & PM
- A & B AGE GROUP MEDALS, Medals for each swimmer for each age group (GIRLS AND BOYS)  
MEDALS 1-8 PLACE  
RIBBONS 9-16 PLACE

