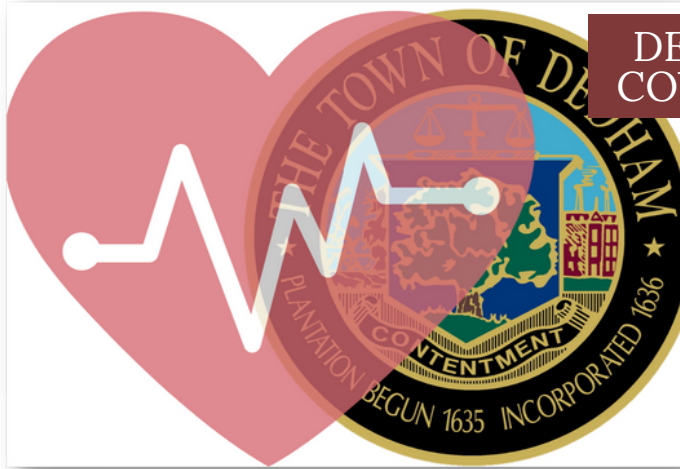


# WHAT'S HAPPENING THIS WEEK

*A summary of news, events, and other announcements for the week of August 16, 2021*



## DEDHAM BOARD OF HEALTH UPDATES: COVID-19, WEST NILE, TICKS, AND MORE

The Dedham Board of Health issued their weekly update on Friday, August 13, 2021. Read the update, starting on page 3, to learn more about recent Covid-19 restrictions, how to mosquito proof your home, and more.

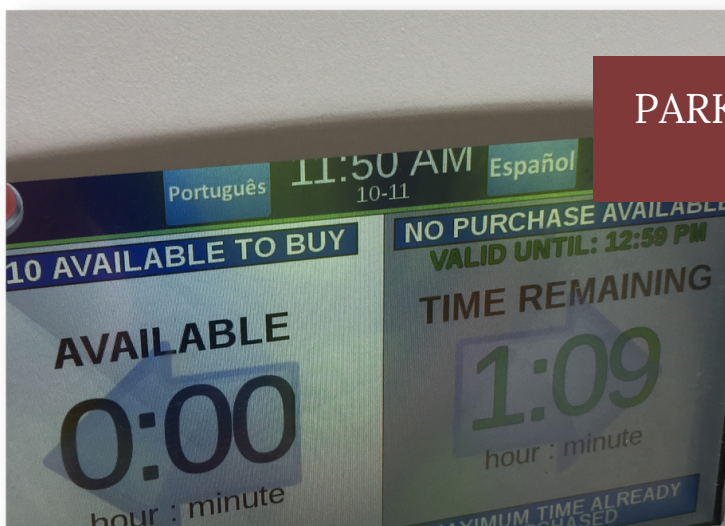
## CARDBOARD RECYCLING DAY RETURNS ON SATURDAY, AUGUST 21ST

Bring your flattened cardboard to the DPW dumpster at 55 River Street on Saturday, August 21st from 9:00 a.m. to Noon for recycling. Read about more upcoming dates on page 4.



## PARKING METERS IN DEDHAM SQUARE AND HOW TO USE THEM

Construction is underway in Dedham Square to install more parking meters. To learn more about these efficient meters, where they are located, and how to use them, please read page 4.



# DEDHAM PARKS & RECREATION

2021 Fall & Winter Programs



Dedham Day

Sunday September 26, 2021

The friends of Dedham Recreation are happy to announce the return of the much loved Annual Dedham Day! Held on Sunday September 26th.



## PARKS & RECREATION RELEASE FALL-WINTER 2021 BROCHURE

No one wants summer to end, but we are definitely looking forward to the upcoming Fall and Winter programs offered by the Parks & Recreation Department. To see the full list of programs, please read page 5.

## PUBLIC SAFETY BUILDING PROJECT UPDATES

Crews continue to make great progress on the construction of the combined public safety building. For a summary of work onsite this week and potential impacts to travel in the area, please see page 5.



## PUBLIC MEETINGS & UPCOMING COMMUNITY EVENTS

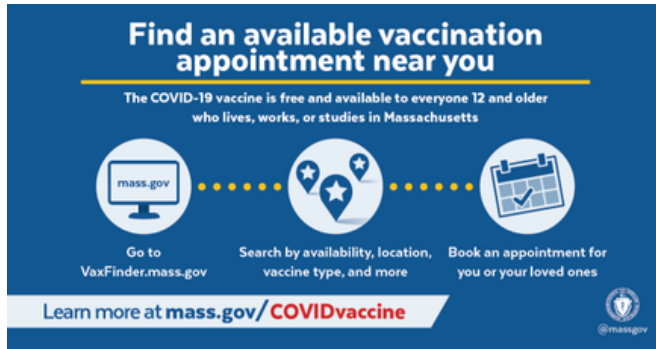


Meetings and events around Town are being held in-person, virtually, and using a hybrid model in an effort to keep everyone engaged and involved. Check out page 6 for a list of upcoming meetings and community events happening around Town.



# DEDHAM BOARD OF HEALTH UPDATES: COVID-19, WEST NILE VIRUS, TICKS, AND MORE

The Board reports that as of Thursday, August 12th, there have been 2,510 confirmed COVID-19 cases in Town. This is an increase of 18 cases from last week's update. Currently, there are 21 active confirmed cases. The Commonwealth is not sequencing all positive COVID-19 specimens, and as a result, it cannot be determined that all cases are related to the Delta Variant.



## COVID-19 Vaccine

The Board encourages anyone who is eligible and unvaccinated to get the COVID-19 vaccine. The vaccine is safe, free, and effective – even against the Delta variant. Go to [Vaxfinder.mass.gov](https://vaxfinder.mass.gov) or contact your local pharmacy or healthcare provider for information about getting the vaccine.

## Face Masks Required in All Town of Dedham Municipal Buildings

Effective August 10th, face masks are required inside municipal buildings for all individuals aged 2 years or older, regardless of vaccination status. Individuals unable to wear a face mask due to a medical condition or disability are exempt. This decision was made by Town Manager Leon Goodwin based on guidance from the Centers for Disease Control and Prevention (CDC) after consulting with stakeholders. According to the CDC's Risk Map, Norfolk County is at substantial risk for COVID-19 transmission.

## Mosquitoes

The Massachusetts Department of Public Health (MDPH) announced last Friday that mosquito samples in the town of Westwood tested positive for West Nile Virus (WNV). To date, there have been no human cases of WNV detected in Massachusetts this year. The risk level of WNV in Dedham remains low. Regardless, it is important that Dedham residents take precautions to prevent mosquito bites. The Norfolk Country Mosquito Control District treats all catch basins in Dedham to prevent mosquito breeding. Additionally, you can request spraying in your area by calling the Mosquito Control District at **(781)762-3681**.

The following are safety tips to ensure you and your family have a fun and safe summer while outdoors:

- **Mosquito-Proof Your Home:**
  - Drain standing water.
  - Install or repair screens.
- **Avoid Mosquito Bites:**
  - Apply insect repellent when outdoors.
  - Be aware of peak mosquito hours.
  - Wear proper clothing.

## Ticks

While enjoying the outdoors this summer, the Board recommends conducting routine tick checks. Ticks are most commonly found in shady, damp, brushy, wooded, or grassy areas (especially in tall grass), including backyards. Favorite places ticks like to go on your body include areas between the toes, back of the knees, groin, armpits, neck, along hairlines, and behind ears. It is important to check children and pets for ticks too. If you find a tick on your body, use a pair of fine point tweezers to grip the tick as close to the skin as possible and pull straight out with steady pressure. If you develop a rash where you were bitten, or experience symptoms such as fever, headache, fatigue, or muscle aches, call your primary care physician. The following are safety tips to prevent tick bites when outdoors:

- Stick to recreational pathways and the center of trails when hiking.
- Wear a light-colored, long-sleeved shirt with long pants - tuck pants into your socks. This may be difficult to do when the weather is hot, but it will help keep ticks away from your skin and make it easier to spot a tick on your clothing.
- Use bug repellents. Repellents that contain DEET can be used on exposed skin. Permethrin can be used on clothes. Always follow the product instructions and use repellents with no more than 30-35% DEET on adults and 10-15% DEET on children. *Never use insect repellents on infants.*

## Bats

Bats frequently roost and raise their young in attics. Some bats can spread rabies if they bite. Anytime a sleeping person awakes to find a bat in the room, or an adult witnesses a bat in a room with a previously unattended child, mentally disabled person, intoxicated person, or pet the situation should be handled as a possible exposure to rabies. If you find a bat in your home and believe someone in your household or a pet has been exposed, contact the Dedham Health Department **(781) 751-9220**, the MDPH **(617) 983-6800**, or your primary care physician.

## CARDBOARD RECYCLING DAY RETURNS ON SATURDAY, AUGUST 21ST

### CARDBOARD RECYCLING DAY RETURNS!

The Dedham DPW team will be hosting Cardboard Recycling events every 3rd Saturday, now through November 2021

**Dates:**

July 17, 2021  
August 21, 2021  
September 18, 2021  
October 16, 2021  
November 20, 2021

**Times:**

9:00 AM to Noon

**Location:**

DPW Cardboard Dumpster  
55 River Street  
Dedham, MA 02026



Gather your flattened cardboard boxes and bring them to the DPW Cardboard-Only dumpster. Staff will be onsite to direct you when you arrive. No other recyclables will be accepted at this event. For more information, contact DPW at 781-751-9350.

# Can we recycle more cardboard than we did in July? Let's do it!

Come by this Saturday, between 9:00 a.m. and Noon with your flattened cardboard to recycle it all for free.

**55 River Street  
Dedham, MA 02019**

## PARKING METERS IN DEDHAM SQUARE AND HOW TO USE THEM

The construction and installation of additional parking meters in Dedham Square is underway and will include temporary removal of brick pavers, masonry sawing and installation of electrical conduit. Removal of old parking kiosks, installation of new utility boxes, meters, and Wi-Fi equipment. Meters will be installed in the same area formerly managed by the parking kiosks, excluding the new outdoor seating areas.

The contractor has provided the following anticipated schedule for upcoming work in the area, Monday through Friday, from 7:00 a.m. to 3:30 p.m.:

- August 16 to August 20 - Along west side of Washington Street (spaces 96 to 106)
- August 23 to August 27 - Along west side of Washington Street (spaces 96 to 106) and north of High Street on east side of Washington Street (spaces 145-148)

Free parking available in Dedham Square during construction:

- Keystone Lot (10 Eastern Avenue) = 138 spaces
- Lower Gonzalez (506 High Street) = 45 spaces
- Upper Gonzalez (420 Providence Highway) = 27 spaces

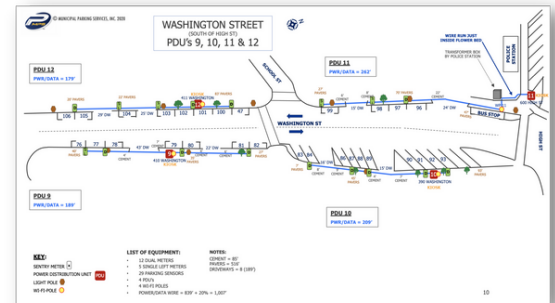
Currently, the active parking meters (as of June 7, 2021) are around the Courts, on High Street and Court Street, west of Washington Street. The meters are active between the hours of 8:00 a.m. and 4:00 p.m., Monday through Saturday and each parking meter provides a 10-minute grace period at no charge.

Tips for Using New Parking Meters:

- First 10 minutes are free - Pay before you leave to take advantage of this 10-minute grace period and avoid a ticket
- Parking Meters are active between the hours of 8:00 a.m. and 4:00 p.m., Monday through Saturday
- Payment available by card, coins, or through the mobile app (Sentry Mobile app)
- Parking Meter will automatically detect your car when you park
- You will only be charged a fine if you leave without paying

Learn more about the new parking meters on our website and for additional information and resources:

[Parking Meters in Dedham Square](#)



[Click on map above to enlarge](#)



# PARKS & RECREATION RELEASE FALL-WINTER 2021 BROCHURE

## DEDHAM PARKS & RECREATION

2021 Fall & Winter Programs



### Dedham Day Sunday September 26, 2021

The friends of Dedham Recreation are happy to announce the return of the much loved annual Dedham Day! Held on Sunday September 26th, 2021 at Barnes Memorial Park from 11:00-5:00pm. This family fun community event is like no other as it includes carnival rides, inflatable games, family games and activities, local business vendors, food and musical tunes to keep the party going as well as several fun cow play. Cow Pop Events will be sold for \$10.00 by any of the friends of Dedham Recreation up until the start of the event.



**Dedham Recreation Dance**  
Another fantastic year of Recreation Dance Program is returning. All Classes will be taught at the Dedham Recreation North Art Studio at 200 Common Street. All Classes will be taught by skilled dance instructors with years of experience. Find the right dance class for you ages from 3-18. Classes include tap, jazz, ballet, hip hop, belly and contemporary. Class sizes are limited. Dance Recital will be held at the end of the year. Classes will begin the week of September 20, 2021.

### SuperTots & SoccerTots

Dedham Parks & Recreation introduces SuperTots & SoccerTots. This program is a development program for ages 3-5 that uses a variety of fun games to engage kids while teaching and developing fundamental skills for sports. SuperTots focuses on sports such as soccer, soccer and basketball. SoccerTots will focus on soccer skills only. Both programs will encourage simple hand-eye and movement skills while using engaging games with appropriate sized & soft equipment, using a variety of fun games to develop balance, movement, and skills as well as listening to instructions.

**SuperTots Multisports Program**  
Wednesday September 29-October 6 & October 13-November 3  
**SoccerTots Program**  
Sundays September 19-October 10 & October 17-November 7

### PROGRAM REGISTRATION

To register for any of our programs, please visit our website at [www.dedham-parks.com](http://www.dedham-parks.com) or call our Recreation Office at 781-751-9100. You can also register in person at our Recreation Office, 200 Common Street, Dedham, MA 01917. For more information, visit our website at [www.dedham-parks.com](http://www.dedham-parks.com) or call our Recreation Office at 781-751-9100.



### ED Kempo Karate

The ED Kempo Karate School and Program (EDKA) has been located at the Dedham Recreation Department since 2007 and actively trains kids, children, teens and adults in the art of Kempo Karate. Judo and Ju-Jitsu for the last 16 years. In addition to teaching the martial arts, the program focuses its students on the positive qualities of discipline, self-respect, teamwork, confidence, focus and self-improvement.

The EDKA class is held every Monday Night. Your Round 18 week session at the Dedham Recreation Center  
5:30-6:25 PM Kids class (4-6 yo)  
6:30-7:25 PM Kids class (7-13 yo)  
7:30-8:00 PM Adult Class

August 23-October 18  
October 25-December 13  
December 20-February 14



### Gymnastics

The Dedham Parks & Recreation gymnastics program is for ages 3-13. Held each Saturday from October through March. This energetic program will teach flexibility, strength and basic gymnastics skills. Dance classes will focus on each individual's ability and self-esteem.

**Program schedule:** Last Session: September 11-October 2-November 13  
Session 2: December 6-January 9  
9:00-9:30am Sunnyside Tot (Age 3)  
9:30-10:00am Sunnyside & Mini (Ages 4 & 5)  
10:00-10:30am Sunnyside & Mini (Ages 4 & 5)  
10:30-11:00am Intermediate (Ages 6-8)  
11:00-11:30am Intermediate & up

### Clippers Swim Team

One of our most popular programs the Dedham Clippers Swim Team will take place November through and will focus on the endurance, training and skills of proper swim stroke. This is the perfect activity for both individual and team experience. Practices will be held Monday-Thursday with swim meets on Saturday or Sunday. Program will begin November 1. Visit the Dedham Clippers Swim Team Facebook page for the most up to date swim information.

**Swim Team Season 18-19**  
Non-swimmers: \$250  
Swimmers: \$375  
\*Swim cap with membership \$275

### CALLS FROM SANTA

Thanks to some very generous donations, Dedham Parks & Recreation has the big fun on the tree. From now until the end of the season, you can call Santa to see how you can help him.

Monday-Thursday 2-4 PM  
Friday-Saturday 10-12 PM  
Sunday 11-1 PM

Children under 12 must be accompanied by an adult. Please note a very popular program will be discontinued with each year.



### Mini Chefs

Dedham Recreation's most delicious program! Ages 3-5 with assistance of their guardians or play their own mini chefs to create an edible creation. Participants are taught basic cooking skills & learn how to measure ingredients, and more sensory activities are incorporated. Each class participants will create an edible, fun, healthy, easy and to bring home and share with their family.



### 12 Days of Holiday

Dedham Parks & Recreation has a special holiday event for you! Join us from the comfort of your own home while we share stories from all genres of the holiday season. Register online for the live program to receive your daily story!

**Master Story**  
This adult swim program is a special event of fitness and competitive swimming. Held at the Dedham Pool ages 8+ will be given a special holiday to experience fitness, activity and endurance with a different swim routine each day. Held Monday-Friday at the Dedham Pool from 10:00am-12:00pm. No registration required.

**Dedham Dog Park**  
This adult swim program is a special event of fitness and competitive swimming. Held at the Dedham Pool ages 8+ will be given a special holiday to experience fitness, activity and endurance with a different swim routine each day. Held Monday-Friday at the Dedham Pool from 10:00am-12:00pm. No registration required.

### Youth Swim Lessons

These accredited lessons are for ages 2-18. Swim lessons are not only the long skills but also a life saving activity. Lessons will be held Monday-Thursday & Saturday for 8 week sessions starting the week of September 20. Classes are available for all abilities from new to water activities to advanced swimmer. All classes including coordinating stroke techniques. Youth lessons will take place as follows:

**Monday & Wednesdays**  
Beginner - 9:30-10:00am  
Advanced - 6:00-6:30pm  
Intermediate - 6:30-7:00pm

**Tuesday & Thursday**  
Ages 2 & 3 - 9:00-9:30am  
Ages 3 & 4 - 9:30-10:00am  
Ages 4 & 5 - 10:00-10:30am  
Advanced Beginner - 10:30-11:00am

**Saturdays (All Levels)**  
9:00-9:30am  
9:30-10:00am  
10:00-10:30am  
10:30-11:00am  
11:00-11:30am



### Strike & Turn Clinic

Looking to get into swim team season? Training this swim clinic is for you! As a pre-training for the swim season we will focus on the strokes and turn skills necessary for any swimmer. Running at the Dedham Pool from September 20-October 27, 10:00-11:00am on Tuesdays & Thursdays. This is the perfect jumpstart for all high school and college swim team members. Ages 6-18.

**Private Lessons**  
Private lessons and semi-private lessons available on Sundays at the Dedham Pool. Please contact the pool at 781-751-9100 to schedule your time.

**Haunted Pool**  
Join us as the Dedham Pool is transformed into one of the most haunted pools around. This family event is like no other around. Get out in a haunted graveyard to Frankenstein's lab as each one is haunted by the legends of the past! The haunting takes place Friday October 22 & Saturday October 23. \$2 admission per person. Recommended age 1+.

### ADULT SWIM LESSONS

New to our schedule, Adult Swim lessons. This is an essential skill that you need to know. From basic to advanced skills will be on each participant's abilities. Classes will be held at the Dedham Pool starting the week of September 21.

**Beginner:** Tuesday 7:00-7:30pm  
**Advanced:** Thursday 7:00-7:30pm

**Lifeguard Training**  
American Red Cross recognized course of student will be taught the skills required to recognize and deal with aquatic emergencies. Students will be required to swim 300 yards of both freestyle and backstroke. They will also be required to complete lifesaving skills required of the training such as CPR. Both pool and classroom time will be required. Attendance is mandatory. Course will be offered September 12-19.

**Strike & Turn Clinic**  
Looking to get into swim team season? Training this swim clinic is for you! As a pre-training for the swim season we will focus on the strokes and turn skills necessary for any swimmer. Running at the Dedham Pool from September 20-October 27, 10:00-11:00am on Tuesdays & Thursdays. This is the perfect jumpstart for all high school and college swim team members. Ages 6-18.

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Page 3

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Click on each page above to enlarge

## PUBLIC SAFETY BUILDING PROJECT UPDATES

What to expect August 16, 2021 (Monday) through August 20, 2021 (Friday):

- The project site remains closed to the public.
- The dewatering system remains in place and operational.
- Steel installation will continue using the crane located onsite.
- Deliveries of steel and metal decking will continue this week.
  - Expect periodic entrance and exit of large trucks at the project site entrance, located at the intersection of Washington Street and Bryant Street. Please expect minor traffic delays at this intersection.
- Inspection of the structural steel is scheduled for Monday, August 16, 2021.
- To maintain an efficient and organized jobsite, crews will continue to remove excess material for the site.
- No additional traffic impacts or pedestrian impacts are anticipated during this week.

For more information and to sign up for weekly construction updates, visit the **Public Safety Building Project** page.



### Public Viewing Area:

If you want to stop by to check out the progress, stand by the picnic table outside the north entrance to Town Hall. This spot provides a great view into the project site and is outside of the project boundaries. Worth a visit! (Check out the photo we took Friday from this location, to the left).

### Project Team Contact Information:

- Immediate issues or concerns, please contact the Dedham Town Manager's Office at 781-751-9100.
- For general questions or concerns, please contact the project team at [psb@dedham-ma.gov](mailto:psb@dedham-ma.gov)
- For more information about the Public Safety Building Project, please visit the project website at [www.dedham-ma.gov/psb](http://www.dedham-ma.gov/psb)
- Download our project team contact information flyer on the project website.



Click on the image to the left above to enlarge

## PUBLIC MEETINGS & COMMUNITY EVENTS THIS WEEK

Agendas and event information are linked below. Meeting information is also available on our website calendar

**CARDBOARD RECYCLING DAY RETURNS!**

The Dedham DPW team will be hosting Cardboard Recycling events every 3rd Saturday, now through November 2021

Dates: July 17, 2021  
August 21, 2021  
September 18, 2021  
October 16, 2021  
November 20, 2021

Times: 9:00 AM to Noon

Location: DPW Cardboard Dumpster  
55 River Street  
Dedham, MA 02026



Gather your flattened cardboard boxes and bring them to the DPW Cardboard-Only dumpster. Staff will be onsite to direct you when you arrive. No other recyclables will be accepted at this event. For more information, contact DPW at 781-751-9350.



### Monday, 8/16/21:

- [School Building Rehabilitation Committee](#) at 7:00 p.m. via Zoom
- [Parks & Recreation Commission](#) at 7:00 p.m. via Zoom

### Tuesday, 8/17/21:

- [Dedham Square Planning Committee](#) at 7:00 p.m. via Zoom

### Wednesday, 8/18/21:

- [Select Board](#) at 8:45 a.m. via Zoom
- [BPCC](#) at 4:00 p.m. via Zoom
- [Farmer's Market](#) from 1:00 p.m. to 5:00 p.m. at First Church Green
- [Human Rights Commission](#) at 6:30 p.m. at Town Hall
- [Zoning Board of Appeals](#) at 7:00 p.m. via Zoom

### Thursday, 8/19/21:

- [Board of Health](#) at 5:30 p.m. via Zoom

### Saturday, 8/21/21:

- [Cardboard Recycling Day](#) at 9:00 a.m. 55 River Street (DPW Dumpster)

Events shown as listed on the Town calendar as of 8/16/21

Don't forget to check out the [Dedham Public Library events calendar!](#)

## LET'S STAY CONNECTED!



[Sign up to receive news, updates, and other announcements,](#) delivered right to your inbox from the Town of Dedham on our website. The best part is, you can select the topics you are interested in and update this information at any time!



Departments across Town have set up social media accounts to share information, as well as post about exciting news around Town. Visit our [Social Media](#) page to find the accounts you want to follow!