

COLLEGE BOUND SCHEDULE

Week 1

Regis College

July 11-15

8:00 AM	Breakfast
9:00 AM	Computer Animation Course
12:00 PM	Lunch
1:00 PM	Healthy Choices Workshop
2:30 PM	Activity Time
5:00 PM	Dinner
6:00 PM	College Awareness Workshop
7:00 PM	Career Panels
8:00 PM	Social Activities
10:00 PM	Students on respective floors
11:00 PM	Lights out

COMPUTER ANIMATION COURSE - In this course, students will learn the basics of Computer Animation and Graphics. Specifically, how Computer Graphics are used to make commercials, Public Service Announcements, cartoons and other forms of media.

ACTIVITY TIME – Field day, board games, kickball, bocce, theater games, arts & crafts, etc

HEALTHY CHOICES WORKSHOPS – The health of your child is directly linked to her ability to accomplish school success and make good choices that will impact her future in a positive way. There are a number of issues and obstacles that present themselves at the pre-teen to adolescent stage of life that stand as threats towards this goal. Through the Healthy Choices Workshops, students will be made aware of some of these problems. Topics such as Anxiety, Healthy Relationships, Self-Confidence, Depression, and Social Media will be discussed. Students will be provided tools to safeguard themselves as they learn how to navigate and consider these topics appropriately.

COLLEGE AWARENESS WORKSHOPS – A student’s preparation for college does not start during his/her junior year in high school. It starts now! Therefore, the DYC will offer daily activities that help students understand the college admission process and the importance of attending and graduating from college. Daily activities include: Mock College Admissions, “The Price is Right” College game show, Dedham High School alumni panel, and a student facilitated College Fair.

CAREER PANELS – Career panels are an informative and interactive way for students to be exposed to numerous careers. During our nightly career panels, professionals from various fields will discuss the tips and secrets of how they have achieved success in their chosen careers. These events provide an excellent opportunity for students to learn about different career possibilities, and to get their questions answered about different careers options. Doctors, Disc Jockeys, Newspaper Editors, Bankers, Nurses, Scientists and Engineers are just a few of the careers that will be presented.

SOCIAL ACTIVITIES – College is Fun. Nightly social activities will include the following: Open Mic Comedy Night, Karaoke Contest & Dance Party, Movie Night, and Minute to Win it Game Show.

COLLEGE BOUND SCHEDULE

Week 2

College Tours & Community Service

July 18- 22

July 18	College Tour	9 AM – 1 PM
July 19	Community Service	9 AM – 1 PM
July 20	College Tour	9 AM – 1 PM
July 21	Career Exploration	9 AM – 1 PM
July 22	Friday Fun Day!	9 AM – 1 PM

*Exact schedule will be given out at Orientation

MEET THE STAFF



Robert Blaney, M.Ed, serves as the Director of the Dedham Youth Commission. He earned his bachelor’s degree in English from Bowdoin College and his master’s degree in Educational Administration from UMass Boston. He loves helping students reach their full potential. Previously, Robert served as the Director of UMass Boston’s Upward Bound, a year-round college preparatory program for Boston public school students. Robert is also a former high school teacher.

Greg Cabral serves as the Youth Coordinator of the DYC. He was born and raised in Dedham and is an alum of Dedham middle school and high school. He earned his bachelor’s degree in Sociology from Curry College and has served as Dedham’s Youth Coordinator for 17 years. Greg also has a passion for community development and student success, as he has previously coordinated programs for Dedham’s Park & Recreation department and the YMCA.

Angela Osei-Mensah, LICSW, serves as the Youth Services Counselor for the DYC. She earned her Master of Social Work (MSW) degree from Boston University. Angela holds experience working with children, teens, and families in the public-school setting, clinic, hospital, and juvenile justice system. She has gladly served the youth and families of Dedham for over 10 years,

COLLEGE BOUND APPLICATION

Student Name

Address

Home Phone Number

Cell Phone Number

Student Email

Parent/Guardian Email

Emergency Contact Name

Emergency Phone Number

Does student qualify for free or reduced lunch? YES NO

Has either parent/guardian completed a 4 year college degree? YES NO

*Please note that all students who apply will be expected to participate in a short interview with NYC staff.

Any Medical Issues (attach a sheet if more space is needed)

WAIVER: I understand and accept the condition that the summer program, or anyone associated with this program, is not responsible for any accidents that occur. Students/guardians are held accountable for any medical or dental expenses incurred as a result of participation in this program. In case of student illness, parents/guardians will be notified (using emergency contact information). 911 will be notified in case of an emergency. Note: There will not be a nurse on duty during College Bound.

Parent/Guardian Signature

Parent/Guardian Name Printed

PLEASE RETURN THIS FORM TO:

Dedham Youth Commission, 140 Whiting Avenue, Dedham MA 02026

For more information contact:
Robert, Greg or Angela at 781 751 9190
Or email Rblaney@dedham-ma.gov

College Bound is a program brought to you
by the Dedham Youth Commission and
RIPPLES OF HOPE.



"YOU MUST BE THE CHANGE YOU SEEK TO SEE IN THE WORLD" - GANDHI



COLLEGE BOUND SUMMER 2022

The Dedham Youth Commission is dedicated to providing social, educational, recreational and health programs to the young people of Dedham. Therefore, the Dedham Youth Commission is proud to present COLLEGE BOUND!

College Bound is a summer program for Dedham Middle School students who are currently in Grade 7 going into 8th grade in the Fall of 2022. The goal of College Bound's 2 week summer program is to excite students about college, expose them to various careers and encourage them to lead healthy lives and become leaders in their communities. During the first week of the program, students will live at Regis College and experience the life of a college student. Students will learn how to live with a roommate, participate in Computer Animation courses, write essays, share ideas during class debates, play games, attend career panel discussions, and enjoy nightly dance and karaoke parties. Students will also eat three delicious and nutritious meals a day in the cafeteria. During the second week of the program, students will participate in college tours, and conduct community service.

Students getting ready for an Engineering workshop at Northeastern Univ.



Application deadline is April 11, 2022. Enrollment is 30 students. THIS PROGRAM IS COMPLETELY FREE! FIRST COME FIRST SERVED!

***Must be able to attend both weeks of the program**