

Social media and youth

Featuring Patricia Conrod, PhD,
Matt Miles and Joe Clement



Attendance options:

In-person or Virtual*

Location:

Needham Town Hall
2nd floor - Powers Hall
1471 Highland Ave.
Needham, MA 02492

Date/time:

Tuesday, May 10
3:30 - 5 p.m.

To register:

Email Jennifer Pinto at
jpinto1@bidneedham.org
with your contact information
and the subject line "Register for
Social Media and Youth Event."

**This event is sponsored by
BID Needham and Needham
Youth & Family Services, in
collaboration with the Becca
Schmill Foundation and
Substance Prevention Alliance
of Needham (SPAN).**

*A Zoom livestream link will be emailed
to participants after registration.

Patricia Conrod, PhD will be speaking about the effects of social media on teenagers. A clinical psychologist and professor of psychiatry at the University of Montreal, Dr. Conrod holds a Tier 1 Canada Research Chair in Preventative Mental Health and Addiction and leads a multidisciplinary research team at CHU Sainte-Justine, Canada's leading Mother and Child Hospital.

Her research focuses on causes and consequences of substance use and mental disorders from a developmental perspective.

Matt Miles and Joe Clement have over forty years of combined experience as public school teachers and coaches. They wrote the book, *Screen Schooled*, and will share with us the problems they have observed from screen overuse among students. They will also discuss what scientific research tells us about the effects of screen overuse, what is currently going on in schools, the direction educational technology firms would like our schools to go, and what we can all do about it.