

**Dedham Organization for Substance Awareness
December 10th, 2019**

Town of Dedham Health Department
Lower Conference Room
26 Bryant Street
Dedham, MA 02026

In attendance:

Kristina King - Health Department
Cassandra Bigness - Health Department
Jessica Tracy - Health Department
Michael D'Entremont - DPD
Michael Buckley - DPD
Jason Sullivan - DPD
Fred Newton - Community Member
Gail Kelley - DHS
Melissa Pearrow -
Maria Antonuccio - DHS nurse
Dot Walsh - DTV
Mike Butler - Chair
Fiona Flynn - Youth
Allison Staton - Parent
Kathy Reda - BOH
Mary Ellard - BOH

Meeting called to order at 6:00 PM

Presentation

MetroWest Health Survey Results

- The survey results can be found on the [DPS website](#)
- There has been a decrease in marijuana use; alcohol use decreases between 10th-12th grade; 12th grade use normal with MetroWest data; Vaping has almost tripled since 2016
- Possible reduction in marijuana and alcohol use because of SBIRT. SBIRT is used to screen and then educate students (delay, protect your brain, it pays to wait); all students in the grades SBIRT is implemented go through a brief intervention, whether they use or not; implemented in 7th & 10th grade
- Focused on what are the most relevant risk and protective factors; according to the survey, parents are the number one influence in whether students use or not
- There will be a 2020 MetroWest Survey
- Students think vaping is safer than smoking cigarettes

Old Business

Action Team Leaders: Team Updates

- Parent Team:
 - Kristina is acting parent team leader in place of Erin for now

- Kristina has been meeting with parents monthly
- Plan on distributing a list of resources to distribute after the vaping ban is lifted to the Patch and Dedham Times
- The Norfolk DA is funding the Hidden in Plain Sight exhibit; the parent action team plans on showing exhibit throughout Dedham
- Meeting scheduling is tough, and as of now alternate between an earlier and later time to accommodate schedules
- Plan on brief webinars for parents led by parents and informed by the parent survey (10-15 minutes long)
- The parent survey closes Monday, December 16th; as of 12/12/2019 there were 350 responses
- Youth Team:
 - There is a Middle School Action team that consists of 15-20 students who consistently attend Monday meetings
 - The action team just completed working on PSAs (4 PSAs in total); there will be a student/parent showing at the Dedham Library and will be showed after via other avenues in Dedham
 - The students also help with community activities (such as wrapping gifts that will be donated)
 - Students are planning on a conference in April
 - 5th quarter was a successful substance free event at the high school and the youth action team is planning another substance free event at DHAC in January for high school students
 - Fred suggested using a reward system to engage high school students and refrain from using substances (such as Drug Free Clubs of America); Fiona mentioned that if kids see other kids receiving rewards they would commit; there are currently some rewards for joining the action team, but no drug tests/ways to determine if students are refraining from use
 - Currently trying to recruit high school students through the S.A.D.D. and Team Rival clubs
- Data Team:
 - The parent survey ends December 16th; currently have 350 parent responses
 - The evaluation team will consolidate data in January/February
 - Need Fallon data (it is hard without that data; still trying to access it)
- Harm reduction Team
 - January 17th is the next possible date for the harm reduction team meeting
 - DA offered Narcan to schools again
 - There was Narcan training at Dedham Day and will be training for officers and school nurses

Strategic Plan Update & Discussion

Looking Ahead

- Kristina presented the strategies and successes and what still needs to be done
- Looking to engage more Dedham members to encompass all racial/ethnic groups
- Brainstormed ways to engage more members: E.L.L program, Endicott library, GSA meetings after high school and middle school

Meeting ended at 7:30 PM

Grant #SP08629-02