



\*ADULT LAP SWIM is only 3 Lanes

## \*Evening laps OCTOBER 2022

1 RECREATION ROAD DEDHAM MA 02026

PHONE: (781) 461-5991

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25 CLOSED for Dedham Day	26 Adult Lap Swim 6a-11:30am & 6:30-9pm Adult Water Aerobics 11:45-12:30pm	27 Adult Lap Swim 6a-11:30am & 7:45-9pm Adult Swim Lessons 7-7:45p	28 Adult Lap Swim 6a-11:30am & 6:30-9pm Swim Lessons 6:30-8:00PM	29 Adult Lap Swim 6a-11:30am & 7:45-9pm Adult Swim Lessons 7-7:45p	30 Adult Lap Swim 6a-11am  Open Swim 5-8pm	Note    Swim Lessons 9:30-11:30am CLOSED
	Swim Lessons 6:30-8:00PM	Synchro 5:30-8:30p	UA home meet	Synchro 5:30-8:30p	орын омин о орин	12:30-3:30
2 Open/Adult Lap Swim 12:30-3pm	3 Adult Lap Swim 6a-11:30am & 6:30-9pm Adult Water Aerobics 11:45-12:30pm	4 Adult Lap Swim 6a-11:30am & 7:45-9pm	5 Adult Lap Swim 6a-11:30am & 6:30-9pm	6 Adult Lap Swim 6a-11:30am & 7:45-9pm	7 Adult Lap Swim 6a-11am	Swim Lessons 9:30-11:30am
Synchro 3-7:30p	Swim Lessons 6:30-8:00PM	Adult Swim Lessons 7-7:45p Synchro 5:30-8:30p	Swim Lessons 6:30-8:00PM	Adult Swim Lessons 7-7:45p Synchro 5:30-8:30p	Open Swim 5-8pm	Open/Adult Lap Swim 12:30-3:30pm
9 Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	70 Adult Lap Swim 6a-11:30am & 6:30-9pm	ךך Adult Lap Swim 6a-11:30am & 7:45-9pm	72 Adult Lap Swim 6a-11:30am & 6:30-9pm	73 Adult Lap Swim 6a-11:30am & 7:45-9pm	14 Adult Lap Swim 6a-11am	15 Swim Lessons 9:30-11:30am
	Adult Water Aerobics 11:45-12:30pm Swim Lessons 6:30-8:00PM	Adult Swim Lessons 7-7:45p Synchro 5:30-8:30p UA home meet	Swim Lessons 6:30-8:00PM	Adult Swim Lessons 7-7:45p Synchro 5:30-8:30p UA home meet	Open Swim 5-8pm	Open/Adult Lap Swim 12:30-3:30pm
16 Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	77 Adult Lap Swim 6a-11:30am & 6:30-9pm Adult Water Aerobics 11:45-12:30pm Swim Lessons 6:30-8:00PM	Adult Lap Swim 6a-11:30am & 7:45-9pm Adult Swim Lessons 7-7:45p Synchro 5:30-8:30p	Adult Lap Swim 6a-11:30am & 6:30-9pm Swim Lessons 6:30-8:00PM	20 Adult Lap Swim 6a-11:30am CLOSED @ 11:30 for Haunted House Set-Up UA home meet	21	22
23 Closed for Dream of Rings Olympic Clinic 12-4pm	24 Adult Lap Swim 6a-11:30am & 6:30-9pm Adult Water Aerobics 11:45-12:30pm	25 Adult Lap Swim 6a-11:30am & 7:45-9pm Adult Swim Lessons 7-7:45p	26 Adult Lap Swim 6a-11:30am & 6:30-9pm Swim Lessons 6:30-8:00PM	27 Adult Lap Swim 6a-11:30am & 7:45-9pm Adult Swim Lessons 7-7:45p	28 Adult Lap Swim 6a-11am	29 Swim Lessons 9:30-11:30am Open/Adult Lap Swim
Synchro 3-7:30p	Swim Lessons 6:30-8:00PM	Synchro 5:30-8:30p		Synchro 5:30-8:30p	Open Swim 5-8pm	12:30-3:30pm
30 Open/Adult Lap Swim 12:30-3pm	37 Adult Lap Swim 6a-11:30am & 6:30-9pm Adult Water Aerobics	Adult Lap Swim 6a-11:30am & 7:45-9pm	2 Adult Lap Swim 6a-11:30am & 6:30-9pm Swim Lessons 6:30-8:00PM	3 Adult Lap Swim 6a-11:30am & 7:45-9pm Adult Swim Lessons 7-7:45p	4 Adult Lap Swim 6a-11am	5 Swim Lessons 9:30-11:30am
Synchro 3-7:30p	11:45-12:30pm Swim Lessons 6:30-8:00PM	Adult Swim Lessons 7-7:45p Synchro 5:30-8:30p	OWINI E0330113 O.OO-O.OOI W	Synchro 5:30-8:30p	Open Swim 5-8pm	Open/Adult Lap Swim 12:30-3:30pm