

***Evening laps is only 3 Lanes**

NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	31 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm 	1 Adult Lap Swim 6a-11:30am HITT Aerobics 10AM HITT Aerobics 7:00-7:45pm Synchro 5:30-8:30p	2 Adult Lap Swim 6a-11:30am & 6:30-9pm Adult Water Aerobics 11:45-12:30pm	3 Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p	4 Adult Lap Swim 6a-11am Stret-chi Noodle 9-9:45am Lap/Open Swim 5-8pm	5 CLOSED for Event *NO Swim Lessons*
6 Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	7 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm First Night Clippers 12+Under	8 Adult Lap Swim 6a-11:30am HITT Aerobics 10AM HITT Aerobics 7:00-7:45pm First Night Clippers 13+Up Synchro 5:30-8:30p	9 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	10 Adult Lap Swim 6a-11:30am Clippers 13+Up Synchro 5:30-8:30p	11 Closed Veterans Day	12 Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3:30pm Masters 7-8:30am
13 Open/Adult Lap Swim 12:30-3pm HITT Aerobics 10-10:45AM Synchro 3-7:30p	14 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	15 Adult Lap Swim 6a-11:30am HITT Aerobics 10AM HITT Aerobics 7:00-7:45pm Clippers 13+Up Synchro 5:30-8:30p	16 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	17 Adult Lap Swim 6a-11:30am Clippers 13+Up Synchro 5:30-8:30p	18 Adult Lap Swim 6a-10am Stret-chi Noodle 9-9:45am Lap/Open Swim 5-8pm	19 Swim Lessons 9:30-11:30am CLOSED 12:30-3:30pm Masters 7-8:30am
20 Open/Adult Lap Swim 12:30-3pm HITT Aerobics 10-10:45am Synchro 3-7:30p	21 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	22 Adult Lap Swim 6a-11:30am HITT Aerobics 10AM HITT Aerobics 7:00-7:45pm Clippers 13+Up Synchro 5:30-8:30p	23 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Pool Closing at 1PM	24 HAPPY Thanksgiving CLOSED	25 CLOSED for Holiday	26 *NO Swim Lessons* Open/Adult Lap Swim 12:30-3:30pm Masters 7-8:30am
27 Open/Adult Lap Swim 12:30-3pm HITT Aerobics 10-10:45am Synchro 3-7:30p	28 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	29 Adult Lap Swim 6a-11am HITT Aerobics 10AM HITT Aerobics 7:00-7:45pm Clippers 13+Up Synchro 5:30-8:30p	30 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	1 Adult Lap Swim 6a-11:30am Clippers 13+Up Synchro 5:30-8:30p	2 Adult Lap Swim 6a-11am Stret-chi Noodle 9-9:45am Lap/Open Swim 5-8pm	3 Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3:30pm Masters 7-8:30am