

SUNDAY

MONDAY

DECEMBER 2022

WEDNESDAY

THURSDAY

TUESDAY

1 RECREATION ROAD 02026

PHONE: (781) 461-5991

SATURDAY

WEBSITE: HTTPS://WWW.DEDHAM-MA.GOV/HOME

FRIDAY

27	Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm	29Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p Clippers 13+Up	3 OAdult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm	Synchro 5:30-8:30p	2 Adult Lap Swim 6a-11am Stret-chi Noodle 9AM	3 Last day of Swim Lessons Open/Adult Lap Swim 12:30-3:30pm
	Clippers 12+Under	HITT Aerobics 7:00-7:45pm	Clippers 12+Under	Clippers 13+Up	Lap/Open Swim 5-8pm	Masters 7-8:30am
4 Open/Adult Lap Swim 12:30-3pm	5 Adult Lap Swim 6a-11:30am Adult Water Aerobics	6 Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p	7Adult Lap Swim 6a-11:30am	8 Adult Lap Swim 6a-11:30am	9 Adult Lap Swim 6a-11am	10
·	11:45-12:30pm	Clippers 13+Up	Adult Water Aerobics 11:45-12:30pm	OPEN SWIM POOL PARTY 12-2PM	Stret-Chi Noodle 9AM	Open/Adult Lap Swim 12:30-3:30pm
Synchro 3-7:30p	Clippers 12+Under	HITT Aerobics 7:00-7:45pm	Clippers 12+Under	Synchro 5:30-8:30p Clippers 13+Up	Lap/Open Swim 5-8pm	Masters 7-8:30am
77 Open/Adult Lap Swim	12 Adult Lap Swim 6a-11:30am	13 _{Adult Lap Swim 6a-11:30am}	74 Adult Lap Swim 6a-11:30am	15 Adult Lap Swim 6a-11:30am	16 Adult Lap Swim 6a-11am	17
12:30-3pm	Adult Water Aerobics 11:45-12:30pm	*High School meet 3:45 Synchro 5:30-8:30p	11:45-12:30pm	Synchro 5:30-8:30p	Street-ch Noodle 9AM	Open/Adult Lap Swim
Synchro 3-7:30p	Clippers 12+Under	Clippers 13+Up HITT Aerobics 7:00-7:45pm	*High School Meet 3:45 Clippers 12+Under	Clippers 13+Up	Lap/Open Swim 5-8pm	12:30-3:30pm Masters 7-8:30am
18 Clippers Holiday Party 12-3PM	79 Adult Lap Swim 6a-11:30am		27 Adult Lap Swim 6a-11:30am	22 Adult Lap Swim 6a-11:30am	23 Adult Lap Swim 6a-11am	24
	Adult Water Aerobics 11:45-12:30pm	*High School Meet 1:30 Synchro 5:30-8:30p	Adult Water Aerobics 11:45-12:30pm	Synchro 5:30-8:30p		CLOSED
Happy Hanukkah	*High School Meet 3:45 Clippers 12+Under	Clippers 13+Up HITT Aerobics 7:00-7:45pm	*High School Meet 3:45 Clippers 12+Under	Clippers 13+Up	Lap/Open Swim 5-8pm	
25 MERRY	6 KWANZAA	27 Adult Lap Swim 6a-11:30am	28 Adult Lap Swim 6a-11:30am	29Adult Lap Swim 6a-11:30am	30 Adult Lap Swim 6a-11am	31
CHRISTMAS Closed	CLOSED	Synchro 5:30-8:30p Clippers 13+Up	Clippers 12+Under	Synchro 5:30-8:30p Clippers 13+Up	Lap/Open Swim 5-8pm	CLOSED