

SUNDAY

MONDAY

DECEMBER 2022

WEDNESDAY

THURSDAY

Clippers 13+Up

TUESDAY

Clippers 13+Up

1 RECREATION ROAD 02026

PHONE: (781) 461-5991

SATURDAY

WEBSITE: HTTPS://WWW.DEDHAM-MA.GOV/HOME

FRIDAY

27	Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p Clippers 13+Up HITT Aerobics 7:00-7:45pm	Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p Clippers 13+Up	2 Adult Lap Swim 6a-11am Stret-chi Noodle 9AM Lap/Open Swim 5-8pm	3 Last day of Swim Lessons Open/Adult Lap Swim 12:30-3:30pm Masters 7-8:30am
4 Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p Clippers 13+Up HITT Aerobics 7:00-7:45pm	7 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	8 Adult Lap Swim 6a-11:30am OPEN SWIM POOL PARTY 12-2PM Synchro 5:30-8:30p Clippers 13+Up	9 Adult Lap Swim 6a-11am Stret-Chi Noodle 9AM Lap/Open Swim 5-8pm	Open/Adult Lap Swim 12:30-3:30pm Masters 7-8:30am
77 Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Clippers 12+Under	73 Adult Lap Swim 6a-11:30am *High School meet 3:45 Synchro 5:30-8:30p Clippers 13+Up HITT Aerobics 7:00-7:45pm	Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm *High School Meet 3:45 Clippers 12+Under	Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p Clippers 13+Up	16 Adult Lap Swim 6a-11am Street-chi Noodle 9AM Lap/Open Swim 5-8pm	Open/Adult Lap Swim 12:30-3:30pm Masters 7-8:30am
18 Clippers Holiday Party 12-3PM Happy Hanukkah	Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm *High School Meet 3:45 Clippers 12+Under	20 Adult Lap Swim 6a-11:30am *High School Meet 1:30 Synchro 5:30-8:30p Clippers 13+Up HITT Aerobics 7:00-7:45pm	21 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm *High School Meet 3:45 Clippers 12+Under	Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p Clippers 13+Up	23 Adult Lap Swim 6a-11am Lap/Open Swim 5-8pm	24 CLOSED
25 MERRY CHRISTMAS Closed	6 KWANZAA CLOSED	27 Adult Lap Swim 6a-11:30am OPEN SWIM 12-2pm Synchro 5:30-8:30p Clippers 13+Up	28 Adult Lap Swim 6a-11:30am Clippers 12+Under	29 Adult Lap Swim 6a-11:30am OPEN SWIM 12-2pm Synchro 5:30-8:30p Clippers 13+Up	Adult Lap Swim 6a-11am Lap/Open Swim 5-8pm	31 CLOSED