

# January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  <b>CLOSED</b>	2 <b>Adult Lap Swim 6a-11:30am</b>	3 <b>Adult Lap Swim 6a-11:30am</b>  <b>Synchro 5:30-8:30p</b>	4 <b>Adult Lap Swim 6a-11:30am</b>  HS Tri-Meet @ Home 4pm	5 <b>Adult Lap Swim 6a-11:30am</b>  <b>Synchro 5:30-8:30p</b>	6 <b>Adult Lap Swim 6a-11:30am</b>  <b>CLOSED AT NIGHT</b> (STAFF Pool Party)	7 <b>Masters 6:45-8:15am</b> <b>Swim Lessons 9:30-11:30am</b> <b>Open/Adult Lap Swim 12:30-3:30pm</b>
8 <b>Stret-chi Noodle 10am</b> Lifeguard class 9am-4pm <b>Open/Adult Lap Swim 12:30-3pm</b> <b>Synchro 3-7:30p</b>	9 <b>Adult Lap Swim 7a-11:30am</b> <b>Adult Water Aerobics 11:45-12:30pm</b> HS Tri-Meet @ Home 3:45pm	10 <b>Adult Lap Swim 6a-11:30am</b> <b>HITT Aerobics 10:30-11:15am</b> Xaverian Meet @ Home 3:45pm <b>Synchro 5:30-8:30p</b> <b>HITT Aerobics 7:00-7:45pm</b>	11 <b>Adult Lap Swim 6a-11:30am</b> <b>Adult Water Aerobics 11:45-12:30pm</b> HS Meet @ Home 4:15pm	12 <b>Adult Lap Swim 6a-11:30am</b>  <b>Synchro 5:30-8:30p</b> <b>HITT Aerobics 5:30-6:15pm</b>	13 <b>Adult Lap Swim 6a-11:00am</b> <b>Stret-chi Noodle 9AM</b>  <b>Lap/Open Swim 5:30-8pm</b>	14 <b>Masters 6:45-8:15am</b> <b>Swim Lessons 9:30-11:30am</b> <b>Open/Adult Lap Swim 12:30-3pm</b> Clippers Meet @ Home 4pm
15 <b>Stret-chi Noodle 10am</b> <b>Open/Adult Lap Swim 12:30-3pm</b> <b>Synchro 3-7:30p</b>	16 <b>Adult Lap Swim 6a-11:30am</b> <b>Adult Water Aerobics 11:45-12:30pm</b>	17 <b>Adult Lap Swim 6a-11:30am</b> <b>HITT Aerobics 10:30-11:15am</b> Xaverian Meet @ Home 3:45pm <b>Synchro 5:30-8:30p</b> <b>HITT Aerobics 7:00-7:45pm</b>	18 <b>Adult Lap Swim 6a-11:30am</b> <b>Adult Water Aerobics 11:45-12:30pm</b>  HS Meet @ Home 3:45	19 <b>Adult Lap Swim 6a-11:30am</b>  <b>Synchro 5:30-8:30p</b> <b>HITT Aerobics 5:30-6:15pm</b>	20 <b>Adult Lap Swim 6a-11:00am</b> <b>Stret-chi Noodle 9AM</b>  <b>NO Lap/Open Swim</b>	21 <b>Masters 6:45-8:15am</b> <b>Swim Lessons 9:30-11:30am</b> <b>Open/Adult Lap Swim 12:30-3pm</b> Clippers Meet @ Home 4pm
22 <b>Lifeguard class 9am-4pm</b> <b>Clippers Swim-A-Thon 9am-1pm</b> <b>Open/Adult Lap Swim 1-3pm</b> <b>Synchro 3-7:30p</b>	23 <b>Adult Lap Swim 6a-11:30am</b> <b>Adult Water Aerobics 11:45-12:30pm</b>	24 <b>Adult Lap Swim 6a-11:30am</b> <b>HITT Aerobics 10:30-11:15am</b>  <b>Synchro 5:30-8:30p</b> <b>HITT Aerobics 7:00-7:45pm</b>	25 <b>Adult Lap Swim 6a-11:30am</b> <b>Adult Water Aerobics 11:45-12:30pm</b>  HS Meet @ Home 3:45pm	26 <b>Adult Lap Swim 6a-11:30am</b>  <b>Synchro 5:30-8:30p</b> <b>HITT Aerobics 5:30-6:15pm</b>	27 <b>Adult Lap Swim 6a-11:00am</b> <b>Stret-chi Noodle 9AM</b>  <b>Lap/Open Swim 5:30-8pm</b>	28 <b>Masters 6:45-8:15am</b> <b>Swim Lessons 9:30-11:30am</b> <b>Open/Adult Lap Swim 12:30-3:30pm</b>
29 <b>Stret-chi Noodle 10am</b> <b>Open/Adult Lap Swim 12:30-3pm</b> <b>Synchro 3-7:30p</b>	30 <b>Adult Lap Swim 6a-11:30am</b> <b>Adult Water Aerobics 11:45-12:30pm</b>	31 <b>Adult Lap Swim 6a-11:30am</b> <b>HITT Aerobics 10:30-11:15am</b> <b><u>POOL PARTY 12-2PM</u></b> <b>Synchro 5:30-8:30p</b> <b>HITT Aerobics 7:00-7:45pm</b>	1	2	3	4