

April 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Masters 6:45-8:15am Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3:30pm
2 Mini Clippers 9-10am Stret-chi Noodle 10am Deep water Aerobics 11-11:45am Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	3 Adult Lap Swim 6am-11:30am & 5-7pm Adult Water Aerobics 11:45-12:30pm Lap/Open Swim 3-5pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm	4 Adult Lap Swim 6a-12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	5 Adult Lap Swim 6a-11:30am & 5:30-9pm Adult Water Aerobics 11:45-12:30pm Stroke and Turn 4-5:30pm Youth Lessons 5-8pm	6 Adult Lap Swim 6a-12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm	7 Adult Lap Swim 6a-11:00am Open Swim 12pm-2pm Lap/Open Swim 5:30-8pm	8 Masters 6:45-8:15am Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3:30pm
9  Closed	10 Adult Lap Swim 6a-11:30am & 5-7pm Adult Water Aerobics 11:45-12:30pm Lap/Open Swim 3-5pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm	11 Adult Lap Swim 6a-12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	12 Adult Lap Swim 6a-11:30am & 5:30-9pm Adult Water Aerobics 11:45-12:30pm Stroke and Turn 4-5:30pm Youth Lessons 5-8pm	13 Adult Lap Swim 6a-12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm	14 Adult Lap Swim 6a-11:00am Lap/Open 5:30-8pm	15 Masters 6:45-8:15am NO SWIM LESSONS Open/Adult Lap Swim 1pm-3:30pm
16 Mini Clippers 9-10am Stret-chi Noodle 10am Deep water Aerobics 11-11:45am Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	17 Adult Lap Swim 6a-11:30am & 5-7pm Adult Water Aerobics 11:45-12:30pm Lap/Open 3-5pm No Swim Lessons Underwater hockey/rugby 7pm-10pm	18 Adult Lap Swim 6a-12pm Lifeguarding 9am-4pm Lap/Open 3-5pm Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	19 Adult Lap Swim 6a-11:30am & 5:30-9pm Lifeguarding 9am-4pm Adult Water Aerobics 11:45-12:30pm Lap/Open 3-5pm No Swim Lessons	20 Adult Lap Swim 6a-12pm Lifeguarding 9am-4pm Lap/Open 3-5pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm	21 Adult Lap Swim 6a-11:00am Lap/Open Swim 5:30-8pm	22 Masters 6:45-8:15am Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3:30pm
23 Mini Clippers 9-10am Stret-chi Noodle 10am Deep water Aerobics 11-11:45am Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	24 Adult Lap Swim 6a-11:30am & 5-7pm Adult Water Aerobics 11:45-12:30pm Lap/Open 3-5pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm	25 Adult Lap Swim 6a-12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	26 Adult Lap Swim 6a-11:30am & 5:30-9pm Adult Water Aerobics 11:45-12:30pm Stroke and Turn 4-5:30pm Youth Lessons 5-8pm	27 Adult Lap Swim 6a-12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm	28 Adult Lap Swim 6a-11:00am Lap/Open Swim 5:30-8pm	29 Masters 6:45-8:15am Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3:30pm