

MAY 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>1 Adult Lap Swim 6am-11:30am & 5-7pm Adult Water Aerobics 11:45-12:30pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm</p>	<p>2 Adult Lap Swim 6am-11:30am Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>3 Adult Lap Swim 6am-11:30am & 5:30-7pm Adult Water Aerobics 11:45-12:30pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm</p>	<p>4 Adult Lap Swim 6am-11:30am Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>5 Adult Lap Swim 6am-11am Lap/Open Swim 5:30-8pm</p>	<p>6 Masters 6:15-8:15am Youth Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3pm</p>
<p>7 Mini Clippers 9am Water Aerobics 10 & 11am Open/Lap Swim 12:30-3pm Synchro 3-7:30pm</p>	<p>8 Adult Lap Swim 6am-11:30am & 5:30-7pm Adult Water Aerobics 11:45-12:30pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm</p>	<p>9 Adult Lap Swim 6am-11:30am Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>10 Adult Lap Swim 6am-11:30am & 5:30-7pm Adult Water Aerobics 11:45-12:30pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm</p>	<p>11 Adult Lap Swim 6am-11:30am Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>12 Adult Lap Swim 6am-11am Lap/Open Swim 5:30-8pm</p>	<p>13 Masters 6:15-8:15am Youth Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3pm</p>
<p>14 Closed Mother's Day</p>	<p>15 Adult Lap Swim 6am-11:30am & 5:30-7pm Adult Water Aerobics 11:45-12:30pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm</p>	<p>16 Adult Lap Swim 6am-11:30am Water Walk/Run Class 12pm Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>17 Adult Lap Swim 6am-11:30am & 5:30-7pm Adult Water Aerobics 11:45-12:30pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm</p>	<p>18 Adult Lap Swim 6am-11:30am Water Walk/Run Class 12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>19 Adult Lap Swim 6am-11am Lap/Open Swim 5:30-8pm</p>	<p>20 Masters 6:15-8:15am Youth Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3pm</p>
<p>21 Mini Clippers 9am Water Aerobics 10 & 11am Open/Lap Swim 12:30-3pm Synchro 3-7:30pm</p>	<p>22 Adult Lap Swim 6am-11:30am & 5:30-7pm Adult Water Aerobics 11:45-12:30pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm</p>	<p>23 Adult Lap Swim 6am-11:30am Water Walk/Run Class 12pm Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>24 Adult Lap Swim 6am-11:30am & 5:30-7pm Adult Water Aerobics 11:45-12:30pm Youth Lessons 5-7pm Underwater hockey/rugby 7pm-10pm</p>	<p>25 Adult Lap Swim 6am-11:30am Water Walk/Run Class 12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>26 Adult Lap Swim 6am-11am Closing at 1pm</p>	<p>27 Closed</p>
<p>28 Closed</p>	<p>Closed Memorial Day</p>	<p>30 Adult Lap Swim 6am-11:30am Water Walk/Run Class 12pm</p>	<p>31 Adult Lap Swim 6am-11:30am & 5-7pm Adult Water Aerobics 11:45-12:30pm Underwater hockey/rugby 7pm-10pm</p>			