

# MAY 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>1 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>2 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>3 <b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>4 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>5 <b>Adult Lap Swim 6am-11am</b> Lap/Open Swim 5:30-8pm</p>	<p>6 <b>Masters 6:15-8:15am</b> <b>Youth Lessons 9:30-11:30am</b> Open/Adult Lap Swim 12:30-3pm</p>
<p>7 <b>Mini Clippers 9am</b> <b>Water Aerobics 10 &amp; 11am</b> Open/Lap Swim 12:30-3pm Synchro 3-7:30pm</p>	<p>8 <b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>9 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>10 <b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>11 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>12 <b>Adult Lap Swim 6am-11am</b> Lap/Open Swim 5:30-8pm</p>	<p>13 <b>Masters 6:15-8:15am</b> <b>Youth Lessons 9:30-11:30am</b> Open/Adult Lap Swim 12:30-3pm</p>
<p>14 <b>Closed</b> Mother's Day</p>	<p>15 <b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>16 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>17 <b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>18 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>19 <b>Adult Lap Swim 6am-11am</b> Lap/Open Swim 5:30-8pm</p>	<p>20 <b>Masters 6:15-8:15am</b> <b>Youth Lessons 9:30-11:30am</b> Open/Adult Lap Swim 12:30-3pm</p>
<p>21 <b>Mini Clippers 9am</b> <b>Water Aerobics 10 &amp; 11am</b> Open/Lap Swim 12:30-3pm Synchro 3-7:30pm</p>	<p>22 <b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>23 <b>Adult Lap Swim 6am-11:30am</b> Water Walk/Run Class 12pm Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>24 <b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>25 <b>Adult Lap Swim 6am-11:30am</b> Water Walk/Run Class 12pm Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>26 <b>Adult Lap Swim 6am-11am</b> <b>Closing at 1pm</b></p>	<p>27 <b>Closed</b></p>
<p>28 <b>Closed</b></p>	<p><b>Closed</b> Memorial Day</p>	<p>30 <b>Adult Lap Swim 6am-11:30am</b> Water Walk/Run Class 12pm</p>	<p>31 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> Underwater hockey/rugby 7pm-10pm</p>			

# JUNE 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Closed</b></p>	<p>29</p>  <p><b>Closed Memorial Day</b></p>	<p>29</p> <p><b>Adult Lap Swim 6am-11:30am</b></p>	<p>31</p> <p><b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b></p>	<p>1</p> <p><b>Adult Lap Swim 6am-11:30am</b></p>	<p>2</p> <p><b>Adult Lap Swim 6am-11am Lifeguard Class 5-8pm</b></p>	<p>3</p> <p><b>Open/Lap Swim 12:30-3:pm</b></p>
<p>4</p> <p><b>Open/Lap Swim 12:30-3pm</b></p>	<p>5</p> <p><b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm 10 and Under Clippers start 4PM</b></p>	<p>6</p> <p><b>Adult Lap Swim 6am-11:30am 11 and up Clippers start 4PM</b></p>	<p>7</p> <p><b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b></p>	<p>8</p> <p><b>Adult Lap Swim 6am-11:30am</b></p>	<p>9</p> <p><b>Adult Lap Swim 6am-11am Lap/Open Swim 5:30-8pm</b></p>	<p>10</p> <p><b>Open/ Lap Swim 12:30-3pm</b></p>
<p>11</p> <p><b>Greenlodge School Pool Party</b></p>	<p>12</p> <p><b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b></p>	<p>13</p> <p><b>Adult Lap Swim 6am-11:30am</b></p>	<p>14</p> <p><b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm Flag Day Parade No evening programs</b></p>	<p>15</p> <p><b>Adult Lap Swim 6am-11:30am Synchronized Swimming Public performance 7:30-8:30PM</b></p>	<p>16</p> <p><b>Adult Lap Swim 6am-11am Lap/Open Swim 5:30-8pm</b></p>	<p>17</p> <p><b>Rugby Tournament No Open/Lap swim</b></p>
<p>18</p> <p><b>Rugby Tournament No Open/Lap swim</b></p>	<p>19</p> <p><b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b></p>	<p>20</p> <p><b>Adult Lap Swim 6am-11:30am Avery School pool party 12noon</b></p>	<p>21</p> <p><b>Adult Lap Swim 6am-11:30am &amp; 5:30-7pm</b></p>	<p>22</p> <p><b>Adult Lap Swim 6am-11:30am</b></p>	<p>23</p> <p><b>Adult Lap Swim 6am-11am Lap/Open Swim 5:30-8pm</b></p>	<p>24</p> <p><b>Open/Lap Swim 12:30-3pm</b></p>
<p>25</p> <p><b>Open/Lap Swim 12:30-3pm</b></p>	<p>26</p>	<p>27</p> <p><b>Adult Lap Swim 6am-11:30am</b></p>	<p>28</p> <p><b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b></p>			