

# NOVEMBER 2024

Dedham Pool  
 "JuJu's Place"  
 T Recreation Rd  
 Dedham, MA 02026  
 koconnell@dedham-  
 ma.gov  
 781-751-9136



SUN	MON	TUE	WED	THU	FRI	SAT
					1 Lap Swim 6am-11am Senior Hour 11-12pm Open/Lap swim 4-6pm Synchro 6-8pm	2 Masters 6:30-8:30am Crimson 8:30-10:30am Swim lessons 10:30-12:30pm DEF 12:30-1:45pm Open/Lap 1:45-3:30pm Bday Party 4-6pm
3 Lap 6:30-7:30am DEF 7:30-8:45am Mini Clippers 9-10am Swim lessons 10am-12pm H2O Aerobics 10am-12pm Diving 10am-12pm Synchro 12-7:30pm	4 Lap Swim 6am-11:30am Water Aerobics 11:45am-12:45pm Senior Hour 1-2pm Ursuline- 3:30-5:00pm Clippers 6:15-9:00PM Underwater Hockey 9:00-10:30PM	5 Lap Swim 6am-11:30am H2O Aerobics 8:45am-9:30am Ursuline- 3:30-5:00pm H2O Aerobics 5-5:45pm Synchro 5-9pm Diving 5:30-7:30pm Adult lessons 7-8pm Clippers 13 & up 7:45-8:45pm	6 Masters 5:30-6:30am Lap Swim 6am-11:30am Water Aerobics 11:45am-12:45pm Senior Hour 1-2pm Ursuline- 3:30-5:00pm Clippers 6:15-9:00PM	7 Lap Swim 6am-11:30am Ursuline- 3:30-5:00pm H2O Aerobics 5-5:45pm Synchro 5-9pm Diving 5:30-7:30pm Adult lessons 7-8pm Clippers 13 & up 7:45-8:45pm	8 Lap Swim 6am-11am Senior Hour 11-12pm Open/Lap swim 4-6pm Synchro 6-8pm	9 Masters 6:30-8:30am Crimson 8:30-10:30am Swim lessons 10:30-12:30pm DEF 12:30-1:45pm Open/Lap 1:45-3:30pm Bday Party 4-6pm
10 Lap 6:30-7:30am DEF 7:30-8:45am Mini Clippers 9-10am Swim lessons 10am-12pm H2O Aerobics 10am-12pm Diving 10am-12pm Synchro 12-7:30pm	11 Closed 	12 Lap Swim 6am-11:30am H2O Aerobics 8:45am-9:30am H2O Aerobics 5-5:45pm Synchro 5-9pm Diving 5:30-7:30pm Adult lessons 7-8pm Clippers 13 & up 7:45-8:45pm	13 Masters 5:30-6:30am Lap Swim 6am-11:30am Water Aerobics 11:45am-12:45pm Senior Hour 1-2pm Clippers 6:15-9:00PM	14 Lap Swim 6am-11:30am H2O Aerobics 5-5:45pm Synchro 5-9pm Diving 5:30-7:30pm Adult lessons 7-8pm Clippers 13 & up 7:45-8:45pm	15 Lap Swim 6am-11am Senior Hour 11-12pm Open/Lap swim 4-6pm Synchro 6-8pm	16 Masters 6:30-8:30am Crimson 8:30-10:30am Swim lessons 10:30-12:30pm DEF 12:30-1:45pm Dedham High Fundraiser 2PM
17 Lap 6:30-7:30am DEF 7:30-8:45am Mini Clippers 9-10am Swim lessons 10am-12pm H2O Aerobics 10am-12pm Diving 10am-12pm Synchro 12-7:30pm	18 Lap Swim 6am-11:30am Water Aerobics 11:45am-12:45pm Senior Hour 1-2pm Clippers 6:15-9:00PM Underwater Hockey 9:00-10:30PM	19 Lap Swim 6am-11:30am H2O Aerobics 8:45am-9:30am H2O Aerobics 5-5:45pm Synchro 5-9pm Diving 5:30-7:30pm Adult lessons 7-8pm Clippers 13 & up 7:45-8:45pm	20 Masters 5:30-6:30am Lap Swim 6am-11:30am Water Aerobics 11:45am-12:45pm Senior Hour 1-2pm Clippers 6:15-9:00PM	21 Lap Swim 6am-11:30am H2O Aerobics 5-5:45pm Synchro 5-9pm Diving 5:30-7:30pm Adult lessons 7-8pm Clippers 13 & up 7:45-8:45pm	22 Lap Swim 6am-11am Senior Hour 11-12pm Open/Lap swim 4-6pm Synchro 6-8pm	23 Masters 6:30-8:30am Crimson 8:30-10:30am Swim lessons 10:30-12:30pm DEF 12:30-1:45pm Open/Lap 1:45-3:30pm Bday Party 4-6pm
24 Lap 6:30-7:30am DEF 7:30-8:45am Mini Clippers 9-10am Swim lessons 10am-12pm H2O Aerobics 10am-12pm Diving 10am-12pm Lifeguard Course 12-6:30pm Float Class 6:30-7:30pm	25 Lap Swim 6am-11:30am Water Aerobics 11:45am-12:45pm Senior Hour 1-2pm Clippers 6:15-9:00PM Underwater Hockey 9:00-10:30PM	26 Lap Swim 6am-11:30am H2O Aerobics 8:45am-9:30am H2O Aerobics 5-5:45pm Synchro 5-9pm Diving 5:30-7:30pm Adult lessons 7-8pm Clippers 13 & up 7:45-8:45pm	27 Masters 5:30-6:30am Lap Swim 6am-11:30am Water Aerobics 11:45am-12:45pm Senior Hour 1-2pm Clippers 6:15-9:00PM	28 Closed 	29 Closed for special program	30 Masters 6:30-8:30am Crimson 8:30-10:30am DEF 12:30-1:45pm Open/Lap 1:45-3:30pm Clippers Mock Meet 3:30pm warm up