

**DEDHAM BOARD OF HEALTH**  
**MINUTES OF**  
**JANUARY 27, 2016**

**IN ATTENDANCE:**

**DR. SARAH ROSENBERG-SCOTT, CHAIRMAN**  
**LEANNE JASSET, VICE CHAIRMAN**  
**JASON BROGAN, MEMBER**  
**CATHERINE CARDINALE, HEALTH DIRECTOR**  
**JOAN CONWAY, ADMINISTRATIVE ASSISTANT**

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Dr. Rosenberg-Scott called the meeting to order at 6:05 p.m. The first order of business is to accept the minutes of December 23, 2015; Jason motioned to accept the minutes and Leanne seconded Dr. Scott asked all in favor aye opposed none minutes accepted. Dr. Scott asked if anyone was here for the open comments; there were none.

Endicott Variety

Cathy said that we have received numerous complaints about smoking within the establishment. Lee has done her inspections there and has spoken to Mr. Mullaney about smoking in the building. It is not working because we are still getting complaints about the facility smelling of smoke. Dr. Scott asked Mr. Mullaney if this was news to him. He stated that Lee has spoken to him and he has tried and that he has smoked in the building and apologized to the board members that he had to be brought in before them for violating the smoking regulations and that it would not happen again. Dr. Scott thanked Mr. Mullaney for his honesty and stated that the boards concern is for the customers and the staff of the store, that they not be exposed to secondhand smoke. Dr. Scott asked what are the rules and regulations about no smoking in the building. Cathy said they are in the building code, Mass. General Law and our regulations. Mr. Mullaney signed the regulations when they went into effect all establishments had to sign a copy of the regulations. Leanne asked if there are fines in place under our regulations to which Cathy replied yes fines and suspensions. Dr. Scott said right now with an admission of the issue and complaints received this meeting and warning will suffice for now that if there are any further complaints that we will pursue fines and or suspensions in this case. One good grace of this board will be all you will get.

Cryotherapy

Anna is the owner Felix Zemel, Consultant, Pracademic Solutions. They have come to the Building Department and the Health Department to open a cryotherapy facility in Dedham. Ken Cimeno, our Building inspector thought it was more of a massage facility and brought me into the meeting where we learned it was cryotherapy. Upon some further investigation I found there was one facility in the Town of Sudbury. I contacted the Health Director for Sudbury who was unaware of it. It was at an upscale gym he will be looking into it. I have done some research on it there are a couple of states out west that have started to implement regulations due to the high risk of cryotherapy. I do have a lot of concerns

I definitely feel it is a high risk and I am not sure who should be overseeing it but I think some type of professional licensure should be overseeing the facility. Neither Max nor Anna has any type of medical background or training. Anna was going to go to New York at a facility that offers the treatment.

Dr. Scott said in a nut shell this a technique that has some purported health benefit that some people are using in various parts of the country there are no clear regulations at the moment that we know of certainly in this state potentially in other states that are coming but as of now this is not a regulated industry as of yet. So the question is as I understand it you are looking to open a place that offers this service in Dedham and we are now involved because we have concern that there are potential risks from a medical and health standpoint to people who may use this and so we need to figure out is this something that we feel should be regulated or be looked into further. Cathy said she has contacted the attorney for the Mass. Health Officers Board and made some inquiries to her and she will look into it and get back to me in regards to if there are any other towns that have come across this issue. Jason asked what we do about tanning salons and Cathy said we inspect and license them. They are regulated by our local regulations. Dr. Scott asked about nail salons and waxing establishments. Cathy said we do not license nail salons however we have been involved with them regarding the hazardous waste they have on site. The State licenses nail salons and massage establishments.

Felix I. Zemel stated that he is a former health director and working as a consultant I have my MPH, Master's in Public Health, and am a Registered Sanitarian, and a Diplomate of the American Academy of Sanitarians as well as a Fellow of Public Health in the State of Massachusetts. As Cathy has said this is an unregulated area we see this technique as similar to a sauna the actual product is called a cryo-sauna. There are potential health impacts just like there are with saunas and CPSC regulates those. I have reached out to the FDA because my question initially is this considered a medical device or not. As medical devices are fully regulated by the FDA and they have not gotten back to me yet I have sent them the manual, the web-site and all the details. The web-site for this device does have a disclaimer saying this has not been evaluated by FDA we do not make any medical or therapeutic claims. The only claims that my clients are presenting on this is that this is similar to a sauna this is like an extreme ice bath. If you are at the gym and have aches and pains you put an ice pack on it or sit in cold water or get a cold compress this is an extreme version of that. This technology uses liquid nitrogen that is blown at the person but the person has an ample oxygen supply the breathing zone which is above the supply zone for the liquid nitrogen. It is done in burst, anywhere from 30 seconds to 3 minutes of exposure depending upon the individual cases. It is meant to act like an ice bath or a cold compress; just an extreme version of that. So if this is considered a medical device by FDA my clients will definitely comply with that. There are potential impacts and that is where CPSC Consumer Protection Standards Commission comes in and coming with disclaimers about any potential exposures that are on the manufacture to come up with. So as we have said it is not regulated currently and there is nothing technically stopping them from opening but they are trying to approach this board to have an open dialogue and try to come up with a plan and be a good business in the town. Their intent for this facility is that it is a spa and this is one of the services that they offer. They will follow any of the federal or state guidelines. It is a new trend that has expanded from Europe to New York and now New England. There are no regulations about this. They have the option to open with a buyer beware but they want to work with this board to make sure the public is protected. Jason asked for some product information which he supplies. The other services they will offer are a sauna as well as cryo and a hand held cryo therapy for the handicapped or claustrophobic clients. Max stated the treatment is for inflammation. Leanne asked what the service entails a synopsis of what the service is. Anna stated that she has not done the training yet but has had the service myself. You walk in change put on warm socks as well as clogs and a towel or bathrobe. You go into the machine; you cannot turn it on by yourself. There has to be someone outside of the machine to operate it. I went in for 3 minutes. You must fill out the

paperwork which has many disclaimers. It is pretty simple. Max said that when you enter the machine the technician will turn it on and the floor rises so that your head is above the nitrogen-gas will go in and the temperature will drop gradually. The maximum time is 3 minutes that you can be in the machine. The machines we will be installing have a safety catch that needs 2 people to operate it. Leanne asked if there is any medical training required to operate this machine? Max said if a person has uncontrolled blood pressures then they are not allowed into the machine. Felix stated that FDA is looking into if this is considered a medical device and as such what level of training is required and my clients will comply with whatever the ruling is and I will keep this board apprised of whatever the ruling is which can take up to sixty days to get the determination. Leanne asked who would do the compliance checks on the machines to which max replied the manufacturers of the product. There is a service every three months for the machines. The nitrogen gas that is supplied to the machine is done every day by a company called Air Gas. Leanne asked about the comment about uncontrolled hypertension you are saying if a person is not aware that they are hypertensive and they go into a machine and there is an issue what is in place to help. Max said there is a questionnaire Leanne said what if they are unaware? He said well if a person is on a treadmill and collapses it is the same thing. Leanne said it is not the same thing. Dr. Scott said the physical logical responses are different than getting on a treadmill and slowly increasing the rate. My concern is that this causes acute vaso constriction and if someone has uncontrolled blood pressure that could cause an acute hypertensive crisis. That being said that can happen in many different scenarios this is not the only one though there is something about the acute nature of the on off cold blasts that is concerning from a physic logical standpoint. When you look at the Nevada regulations they actually recommend people have their blood pressure checked on site before and after and the concern of are you on blood pressure medicine does not guarantee that you are well controlled from a blood pressure standpoint. Many people are walking around on blood pressure medicine and they come in my office and it is through the roof. It is not dose appropriately or they are not taking it appropriately and I do think there is an inherent risk in this that is somewhat different than what a sauna would be. I can see both sides of the argument and appreciate you're here and being responsive and we are having this conversation. This is a little bit of a wild west of potential medical devices that I know there are no regulations now but I think there will be. I think having some medical training on site might be important they talk in Nevada how they make sure there are a defibrillator and someone who is skilled to use it on site. I have concerns that there are more serious potential medical complications from this and while emergency medical services and calling 911 is a great thing to do I would be curious about how frequently that has to happen. Leanne said she would like to see what the FDA says. Dr. Scott said she is concerned about the lack of data of this procedure. There is no one monitoring are there adverse events or medical complications. Max said this has been around for 25 years in Europe and is covered by medical insurance. Dr. Scott said she has looked for medical information about this treatment and found none. I wonder if this will be like the tanning beds in 25 years we look and say this is not a good idea and melanoma and we, as a board, need to be forward thinking. I think we need to take this under advisement and come back to you with a framework to work through. Mr. Zemel said his clients would go forward and the CPR with AED training as well. Dr. Scott said they could continue with the construction through the building department. Cathy said feel free to e-mail me with any question. We will be meeting again next month. Jason motioned to take this under advisement and have on the agenda for our next meeting Leanne seconded the motion all in favor aye opposed none motion passed.

#### Wetland Review

Jason said Selectman Teehan called him and is putting together a wetlands regulation review committee and he wants a member from our board to sit on that committee. Jason will be that person.

## Medical Marijuana Regulations

Cathy said it is the fee section that we wanted to change. Is it the facility or fines or both you want to change. Dr. Scott said we upped the facility cost and increase the fines. Jason said there is the annual there is the initial application fee of \$900.00 and there is an annual renewal fee. Cathy said the fee for plan review is \$800.00 then the fee for the annual permit will be \$400.00. The first violation is \$300.00; second violation within 24 months of date of first is \$300.00 and suspension of 7 business days. Jason said double for second violation then triples for third violation Leanne and Dr. Scott agreed. So it would be \$600.00 for second violation and a suspension in the case of a third violation it would be \$900.00 and a suspension of 30 days. Cathy said next we will have a public hearing on these regulations we will get a date for that.

## New/Old Business

Dr. Michael Cocchi asked about an up-date of the draft of letter to Attorney General Healy. Also what is the up-date on the Gonzales Field testing? And is there any other updates related to the West Roxbury Lateral Pipeline.

Dr. Rosenberg-Scott said we have received from Dr. Cocchi a draft of a letter we talked about drafting a letter on behalf of the board stating our concerns about the construction of the pipe-line and asking the state to look into it, under the office of the Attorney General. We have all reviewed that and think that it is a bit more specific than what we had been thinking at that point. We were thinking of making the letter broader that we are generally concerned about this and we would like the Attorney General's office to look into it. I didn't feel as comfortable siting some of the specific issues that were in there. I have created a draft that is a more general version of yes we are concerned and we would ask the state to look into this further. I don't question your facts and personally and not on behalf of the board right on with what these issues are I think there is some disagreement within the board and to find a common agreement is to say listen I think this should be looked into without getting into a dispute of what some of the facts are. I think if other residents in the town want to send on letters like that they absolutely should. On our end a letter with that level of detail is not going to find common ground and consensus. Dr. Cocchi asked if the board had looked at the resolution that was passed by the Town of Deerfield. Dr. Scott said she has read through it in detail and I know there is an attorney that has offered to help other boards of health pursues similar things. I think this board of health has not been interested in pursuing something along those lines for now. Dr. Scott said what the board of the Town of Deerfield has done is they put their opinion out there which is great and done in a very through and detailed way of doing it and it makes a lot of sense when you read it. It has not been tested in any way shape or form. It has not gone to the courts it has not changed any of the planning of the process that is happening with the Kinder Morgan Pipeline in Deerfield. So it is an opinion piece and a statement on their end. I don't know if anything will come of it and it will have to be challenged from a legal standpoint and it will go through the courts in much of the way that Dedham tried to stop things going through the courts and I don't think that we had particular hope that anything along those lines would be helpful or would stop the process and it did not; not to speak out of turn, Jason and Leanne, you can let me know if you feel differently, that it would be useful for the town to pursue that. Jason said counsel did not feel that it would be successful for the board to that those steps. Dr. Cocchi said he was trying to understand what the downside for this board to put out an opinion piece or some sort of resolution to Spectra to say in the same way that Deerfield did. Dr. Scott said it would take time and money to be done and I think that the board is considerate of the resources available to it and does not feel it is a useful way to spend our town's money right now. Spectra is under no obligation to do anything unless we took them to court

and our legal counsel says we have no grounds or that it would be effective. Margaret Adams asked if the board has any in-put into regulations around safety. It is my understanding there has to be safety training on some cases for fire and police on how they would respond in case of a leak or explosion over in West Roxbury. Do you have any leeway in asking that training happen on a yearly basis with fire and police? What about education of the community about how would people be notified if there was a gas leak. What would happen if schools were in session? Where children would be evacuated to where would parents go to pick up their children? I am not aware of any safety plan in case of an accident or leak. Should I turn on my car should I walk somewhere? How would I be informed if there was an issue as a member of the community? If there was an explosion in West Roxbury it would affect a two to three mile radius. Cathy said that the fire department is responsible and it would trigger an emergency preparedness' for the town. Leanne explained that we have an in depth emergency preparedness team in place so this would fall under that. Cathy said that is something that would be discussed at one of our meetings; we as a board of health do planning within the regions of boards of health but the fire chief is actually the coordinator for emergency preparedness. I would be more than happy to speak to him and ask him what his plans. Ms. Adams if the plan could include a means of communication because I have not been informed and this is expected to open this summer. Cathy explained that communication is a key factor in emergency preparedness. Dr. Scott said she has communicated with a person from Boston University and some of the students working with him work on a project that would look at safety around this issue and particularly in Dedham. Ms. Adams and Dr. Cocchi asked to be notified of the date the person is coming.

#### Gonzales Field

Dr. Rosenberg-Scott said to review what had happened at our last meeting we had decided to pursue discussion with the town recommending some sort of evaluation of the field. That is how it was worded it was not specific we are recommending testing of the field but wanted to discuss evaluating the field.to see if it needed to be tested at that point. We had sent that letter was sent to the board of selectmen and also to the director of parks and recreation and the chairman of the parks and recreation committee. It became our understanding that it there was any sort of action happening on the field that they were the ones who needed to be involved in that conversation. We have received communication back and basically we have Alyssa Brown who is a Licensed Site Professional and who is currently the Conservation Agent for the Town of Dedham. Ms. Brown was present at the Board of Selectmens meeting when it was discussed and is now in attendance so she can answer questions and review the information we have. It is my understanding from the letter of reply and conversation with Alyssa that the concern of finding anything in the area where the pipeline was dug up when you review the maps and review previous use of this field the feeling from the Board of Selectmen is that we don't have reason to be concerned in this area.

Alyssa Brown said there was a phase I study done and a phase I environmental site investigation is done in accordance with AMC standards and what it involves is doing a historical review of documents and a review of documents at town hall to try to determine if there is a history of anything that could produce contamination at the site. When that was done they didn't come up with anything they thought would be a level of concern. There was no recommendation for additional testing. One report said there is no reason to do additional testing that we can see. Another study was done when the field was being built there were five test pits around the field. When that was done they did some field screening using a photo ionization detector which just measures volatile organic compounds. None of the test pits had readings that were above back ground so there wasn't any concern for volatile organic compounds. That does not measure metals of any sort. I looked at historical aerial photographs and topographic maps I was able to pin down where the rail lines were. The rail lines are a concern because historically

people used lead arsenic as a pesticide herbicide. So rail lines sometimes have elevated levels of arsenic. When I looked at where the lines were in relation to the pipeline they never met. The rail lines ends in three different areas one goes straight for a little while the other two one goes to the north one to the south; so they never intersected where this pipeline is going in. That gives me even more concern that we are not going to run into an arsenic issue. A third report that I wanted to mention was the report that I did when I was the LSP for the Readville Yard and there is one of the rail lines that goes from Readville Yard, that we called the orphan line, that goes and meets up with these rail lines in Gonzales Field. Those lines, there was some testing done and there is a little bit of history here, DEP went out with a field screening tool and came back with really high levels of arsenic and everyone was very concerned. We did some remediation and they came back and realized that the field screening tool the x-ray florescent spectrometer didn't work well because of interference effects and they retested five locations where they had actually taken samples and sent them to the laboratory for testing for arsenic and of those five samples there was one that was higher than the standard which is 20 parts per million but the average was lower so no remediation was done of that orphaned line. If you continue thinking that the orphaned line continues to Gonzales Field you would generally expect those kinds of concentrations to continue, maybe slightly above, but not a level of concern but none of the met up with where the pipeline was anyway. Since then those rail lines have been covered with fill and with top soil when the field was constructed so if there is anything there it's not in a level where there is any exposure to it right now. We don't know what's in the fill or the top soil we don't know where that came from but there is no reason to suspect that fill or top soil is different from any other place where there is fill and top soil in the Town of Dedham.

*Dr. Scott thanked Ms. Brown and said the general concern where these rail lines going through where the pipeline was being dug and it is your understanding that we really have no reason to think those rail lines went through where the soil has been dug up for the pipeline in Gonzales Field. And even if they had a concern about arsenic or heavy metals from those rail beds you don't have reason to think that they would be high enough to require remediation. Ms. Brown replied yes based on what we saw in the orphan line. Dr. Scott said you can never be sure unless you test the soil but where that soil was is not where this pipeline was dug. Ms. Brown said yes there have been other rail lines that have been remediated for arsenic but this particular one was not one of them.*

Ms. Adams asked if the documents could be posted to which Jason Brogan replied they are posted under the Selectmen Town website. Dr. Cocchi had concerns about how the field was constructed originally and about contamination where Spectra dug for the pipeline. It was stated that the field will be recapped and make a new field. Dr. Cocchi asked if it is the conclusion by the Board of Health and the Board of Selectmen that there will be no testing of Gonzales Field for possible contaminants before it is resumed for use by children. Dr. Scott asked Ms. Brown in this situation if you and this is hypothetical, of a field like this and you had done this work and someone was coming to you and saying we are going to dig a trench here for whatever reason, as a Licensed Site Professional would it have been your recommendation to test that soil for heavy metals including arsenic? Ms. Brown said no. What is generally done and what they did do is field screening for volatile organic compounds for the health and safety of the workers. The metals are not generally tested for in the field it is not a concern for the workers because it is just a matter of washing your hands after work to reduce your exposure that way. It is not typically done and not in this case because there was not any reason to believe there was any special concern. Dr. Scott asked if when you are involved in these conversations are they about occupational concerns for the workers vs. potential exposures that are left after the construction is done for the town. Ms. Brown replied the work is driven by occupational exposure to the workers. What happens often as workers go through they hit some contamination if it above reportable concentrations

they are required to report it to DEP, Department of Environmental Protection. They then go about doing their work as safely as possible which means putting the soil right back. Once DEP is notified they contact the property owner and say you have a problem to investigate and remediate if necessary. That is the only time a property owner becomes involved in contamination that is found by utility workers. Dr. Scott thanked Ms. Brown for the information.

Leanne asked about remediation. Say there was a suspected contamination. The remediation for that is to cap it? Ms. Brown said the first thing to do is a comprehensive assessment of what is really there and see what kinds of concentrations you are dealing with. The second step is to do a risk assessment and determine bases on current and future uses whether there is any potential for human or environmental health risks. If it is determined that there was exposure then for metal the options in soil can be capping it with a deed restriction saying you have to keep the cap. It could be digging it up; one analogy that is used for rail trails people are very concerned about arsenic and other contaminants on all these rail lines that are being developed for multi-purpose use. DEP has published a guidance policy that is now 10 years old that says rather than testing these rail lines just cap it cover it with soil, asphalt, put plants around the edge so people don't have exposure to it. That is specifically what is being done for rail lines that are turning into multi-purpose uses because they think it is more important that these things be used instead of spending money to remove the material and as long as it is capped it is not a health risk. Leanne asked about Readville. Ms. Brown said Readville is a little different because it is designed for commercial and industrial use. Some of the soil was removed on rail lines not the orphan line. There was a line that a foot or so of soil and in some of the interior areas we dug up a lot of very contaminated soil based on the historic industrial uses there. Leanne asked why it wasn't done in Dedham and Ms. Brown replied because the concentrations' were not there. Dr. Scott asked the other board members for their thoughts for discussion. Jason said as long as it is capped I have no problem with it. Leanne said the property is under Park and Recreation have they offered an opinion. Jason and Cathy said they want to cap it and possibly make it a turf field. Dr. Cocchi asked if there is no concern about contaminants why cap it. To which Cathy explained that it is not a level usable field in its present state. Dr. Scott said not because of concerns over contamination and I spoke to Dan directly and they could use it for a greater variety of events if it had a different topping like turf. Dr. Scott said on her end I don't have particular concerns about this area at this point. I understand that they dug deep down but without historical data that there were rail beds in that area what else are we looking for in testing other than a shot in the dark. If that is not what would routinely happen in this circumstance I don't know what there is to gain on that end. I feel comfortable at this point that there does not need to be further specific testing of the soil. Jason and Leanne agreed with the data presented and the capping of the field they are comfortable to move forward. Dr. Scott said that is what our board was trying to do which was to obtain some sort of reassurance whether it needed to be fully tested or not and I feel at this point reassured and comfortable with the current plan as well. Leanne said she felt the most important part of what has been discussed at this meeting was the suggestion about a plan for an emergency as with anything we have been practicing Emergency Preparedness for every disaster imaginable and I have been doing it for a long time. Dr. Scott said she felt you have to look at the data and I understand the potential for catastrophic risk in all of this we all do we all get in a car every single day and turn the gas on in our own homes to cook our dinners every night the number of people who die from gas line related incidences is lower than almost anything that we put ourselves at risk for every single day. When you look at the statistics catastrophe is absolutely terrible but the total number of fatalities that occur from these pipe lines is lower than probably car accidents in Massachusetts and the rate of it being a one house explosion because of a connection from a pipe line into your house as opposed to this large pipe line I think is not true. Ms. Adams spoke of a gas leak she had in front of her home due to the construction which caused her and her family headaches. Leanne said you and your

neighbors have been before us many times and this is the first time we are hearing about a gas leak. Dr. Scott said there is concern over construction as there is over any construction if you were battling to have a specific gas leak at your house that you felt was putting your health at risk that is specific not the general this the potential unknown risk. I wish we had known about that risk. Cathy said people don't call the health department of a gas leak they call the gas company. Dr. Cocchi said he doesn't understand how you can send a letter to the Attorney General saying you are very concerned adding your voice to this but you are actually telling us this is safer than most of the other things we face in the world every day. Dr. Scott said she would like as a board even though we may personally disagree with what some of these concerns are for our residence who are concerned, and it is a small handful at this point to feel that they or the state should pursue action on this I have no problem if the state wants to look into this. You have our support to make that happen. We can disagree on the specifics on what we think the risks are. Do I think the world needs more of these pipe lines personally I do not. I have no problem having the Attorney General looking into the actions of this. But I do not think there are more specific actions that this board is going to take at this point. We have not changed our tune since the beginning of this. Jason Brogan said you came to us at the last meeting to sign a letter supporting investigation into this and we said yes we will sign. That does not change our minds individually or as a board what our position was. Dr. Scott said I don't think the risk level is as high as some people perception and we can disagree on that. Jason said we had these meeting over the summer and we had a professor from Boston University sit in the community meeting we had and he said the percentage of leaks that we have from residential lines is astronomical. Those leaks are at much higher risk than a high pressure line. Dr. Cocchi said what he is asking is if there is an explosion of a 750 psi pipe line under Gonzales field during a soccer game do you as a board think that is a potential threat to the health and safety of the citizens of the Town at that moment in time. Dr. Scott said of course I also think there is a potential risk that a drunk driver going by is going to ram onto the field in the middle of a soccer game and that is an extreme risk that we do not take. I have to be honest with you I actually from a statistical stand point I would have zero problem with my children playing on that field and with me standing on the side line both in terms of concern about risk over the soil and the infinitive miasmal risk of that line exploding at that moment. That is not on behalf of the board it is my personal opinion. Dr. Scott concluded with any gas explosion is going to be terrifying if it is in my house or Gonzales Field.

Cathy said we have some good news. We applied for a grant; I had forwarded you a letter for rails to trails grant through MAHB, Massachusetts Association of Health Boards, to get some funds for a feasibility study. Both Ginny Le Clair, from Environmental and Rich Mc Carthy of the Planning Board assisted in the application and Ginny will inform you of what happens next. Ginny started by thanking the board members for writing the letter of support and endorsing this project. It is a Mass in Motion Grant that is \$8,000.00 that will go toward the cost of a feasibility study. We have had 3 quotes and the company that we want to hire came back at \$16,000.00 though we are going to use funds from my budget as well as Rich's Town Planning budget and we have been talking to organizations' to make up the gap. We would have \$14,000.00 and would have a \$2,000.00 gap that we would need to make up. In the feasibility study they recommended building in an additional \$5,000.00 cushions for future meetings and abutters meetings which we would like to do so it would be a \$7,000.00 gap. We believe through these private sources that we will be able to make up the \$2,000.00 if not later down the line the \$5,000.00 dollar gap to hire the consultants and have the feasibility study completed by the June 30<sup>th</sup> deadline. Looking forward there is a Department of Conservation and Recreational Trails Grant. This is due on Monday. The maximum award is \$50,000 we would not find out until September if we would get that award. We applied for to them for the water trail and because of that site having national and historic registry significance; it took 2 years to get the award so 9 months sounds like a short time with this organization. If we would get the \$50,000.00 it would set us up nicely to go to



capital in the winter and to ask for the full designed engineered plan to be considered to be funded. It is estimated by rails trails conservancy conceptual plan to be \$300,000.00. Tonight I am here asking if you would be willing to endorse a letter of support for this recreational trails grant; which would get us closer to the actual design and engineering which would be construction. Leanne said that she has been hearing a lot in the community about people speaking out against it. Have you had public meetings and neighborhood meetings? Do you have a sense of the concerns of those who oppose it? Ginny said she has been holding public meeting for the last 2 ½ years going on 3 years. All of the concerns were outlined in the rails trails conceptual plan. They really have not changed since that plan was created 3 years ago; we just haven't had the tools to address them beyond our on-line research. We really need the funds to hire a consultant who is a professional who has done trails through out Massachusetts. Who can show cuts of the land showing abutters screening options, can talk to privacy and security, maintenance. Rich and I have an idea of all that but to get to a professional presentation for the abutters that they could feel more secure with we need to hire someone. There are abutters that are concerned. There are also 450 people on face book through the friends of Dedham heritage rail trails that have liked it and support it. There is a "Friends of Dedham Heritage Rail Trail group" that has formed that has 81 residents who have written letters of support and have asked to be on this mailing list. The support is growing and what we found is that when we were doing these public meetings we were just reaching out the abutters we weren't reaching out to the rest of the community, so the rest of the community doesn't know about this project. I expect the support to continue to grow for the project. What we are proposing is a linier park connecting Dedham Square with 3 schools with eventually Boston Readville Commuter Station. From Boston you can go on a network of trails that will connect to the Neponset River Greenway to Boston Harbor. It's not just a one and a half trail it has so much more potential. Dr. Scott asked how many abutters there were. Ginny said there are 118 abutters and we have heard from about 30 abutters they had a letter in the Dedham Times though some are residing in the same house hold. We are taking the abutters concerns very seriously and the School Committees concerns very seriously and that is why we are hiring a consultant to do the feasibility study so we can get the answers and professional guidance that they need. Jason Brogan said he used to run the Hanscom Air Force trail to Lexington Center and I think it would be a huge plus for Dedham. Dr. Scott said you have our unanimous support. Jason asked if lighting options would be considered and Ginny said it is a concern and we need to do lighting that will not affect the neighbors. Alyssa Brown has worked on trails and was active in her town which is now in its 35<sup>th</sup> year of being built in Concord it is built now from Lowell and under construction all the way into Acton that trail is not lite it varies by where you are. That kind of decision has to be made as you design the trail or later in the process or retro fit later. The Bruce Freeman Rail Trail is not lite it is dawn to dusk and there are signs posted to that effect. It provides more privacy for people and keeps the noise down. We might want to light this one because it connects to 3 schools we want the opportunity for students to be able to walk to school and it gets dark in the winter time, we might want to light it for that reason. Also phase 3 would be connecting into Boston and Readville Commuter Rail Station. When we would put the bridge over River Street to connect it to Boston we would have commuters using it. Those are some of the thoughts why we would want to light it and we have 2 tunnels that we would want to light and have cameras in. Dr. Scott thanked Ginny for her hard work on the rail trail and thanked Allyssa Brown for her assistance about Gonzales field.

### Directors Report

Cathy and Lee went to Arizona for 4 days a Food Standardization Conference that will be coming up. This is a program that will do an assessment of what we do and hopefully give us a better view of what we need to do. It was very interesting and informative. We did receive a couple of grants through the

FDA, Food and Drug Administration, regarding the food standardization so hopefully that will help us throughout the year. Budgets are in the process of being done. I have put in a request for 2 part-time inspectors for 12-15 hours a week. I am putting together the data to do a presentation on March 5<sup>th</sup>. We can get together before the presentation to make sure our “duck are in a row” to make our requests.

#### Nurses Report

There are a lot of animal bites. Dogs cats if a cat scratches someone they have to report it. If you bring your pet to a vet and tell them they scratched someone and they are a pet that goes out on their own and come in with some sort of abscess or cut you have to quarantine the animal. There is a lot of that. We have had a lot of blood pressure checks as well.

#### Papa Ginos

A book has been submitted with all the required temp logs etc.; it also includes their serve safe and operation manuals. Leanne asked if we have been there again to inspect and Cathy said yes Jessica has been there and all was well.

With no further business to discuss Leanne motioned to adjourn the meeting Jason seconded all in favor aye opposed none Dr. Scott adjourned the meeting at 7:45 p.m.

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Dr. Sarah Rosenberg-Scott  
Chairperson